New Course Request

Indiana University

South Bend Campus

Check Appropriate Boxes:
- Undergraduate credit [ ]
- Graduate credit [ ]
- Professional credit [ ]

1. School/Division: School of Education
2. Academic Subject Code: EDUC

3. Course Number: G513 (must be cleared with University Enrollment Services)
4. Instructor: Jeremy Linton

5. Course Title: Legal and Illegal Drugs of Abuse

Recommended Abbreviation (Optional): (Limited to 32 Characters including spaces)

6. First time this course is to be offered (Semester/Year): Spring 2007
7. Credit Hours: Fixed at 3 or Variable from n/a to

8. Is this course to be graded S-F (only)? Yes [ ] No [X]

9. Is variable title approval being requested? Yes [ ] No [X]

10. Course description (not to exceed 50 words) for Bulletin publication:
This course deals with the physiological, behavioral, and pharmacological aspects of legal and illegal psychoactive substance use. Special emphasis is placed on observable signs and symptoms resulting from use of psychoactive substances. Attention will also be given to recent trends in psychoactive substance use.

11. Lecture Contact Hours: Fixed at 3 or Variable from n/a to

12. Non-Lecture Contact Hours: Fixed at 0 or Variable from n/a to

13. Estimated enrollment: 20-30 of which 100 percent are expected to be graduate students.

14. Frequency of scheduling: once/year Will this course be required for majors? no

15. Justification for new course: There is a lack of educational training in this area

16. Are the necessary reading materials currently available in the appropriate library? yes

17. Please append a complete outline of the proposed course, and indicate instructor (if known), textbooks, and other materials.

18. If this course overlaps with existing courses, please explain with which courses it overlaps and whether this overlap is necessary, desirable, or unimportant.

19. A copy of every new course proposal must be submitted to departments, schools, or divisions in which there may be an overlap of the new course with existing courses or areas of strong concern, with instructions that they send comments directly to the originating Curriculum Committee. Please append a list of departments, schools, or divisions thus consulted.

Submitted by:

[Signature]
Department/Chairman/Director
Date 1/20/00

Dean of Graduate School (when required)

[Signature]
Date

Approved by:

[Signature]
Dean
Date March 6, 2006

[Signature]
Chancellor/Vice-President
Date April 28, 2006

University Enrollment Services

After School/Division approval, forward the last copy (without attachments) to University Enrollment Services for initial processing, and the remaining four copies and attachments to the Campus Chancellor or Vice-President.

UPS 724

University Enrollment Services Final—White; Chancellor/Vice-President—Blue; School/Division—Yellow; Department/Division—Pink; University Enrollment Services Advance—White
G513: Legal and Illegal Drugs of Abuse
Counseling and Human Services Program

We prepare teachers and professionals in related fields to be competent, ethical, and reflective practitioners who have the knowledge, skills, and dispositions to address the needs of diverse individuals and prepare them for the complexities of a rapidly changing world.

Instructor:
Phone:
Office:
Office Hours:
E-mail:
Course meeting schedule: The course will meet over a series of 3 weekends. Course meeting hours will be:

   Fridays 5pm-9pm
   Saturdays 8am-5pm

Course Prerequisites:

1. Permission of instructor

COURSE DESCRIPTION

This course deals with the physiological, behavioral, and pharmacological aspects of legal and illegal psychoactive substances use. Special emphasis is placed on observable signs and symptoms resulting from use of psychoactive substances. Attention will also be given to recent trends in psychoactive substance use.

TEXT


2. Other readings as assigned
COURSE OBJECTIVES

By the end of the course students will be able to:

1. Be able to distinguish between psychoactive and non-psychoactive drugs
2. Demonstrate an understanding of the different types of psychoactive drugs and their physiological effects on the body
3. Demonstrate an understanding of the behavioral effects of drug and alcohol use
4. Understand the way in which culture affects the use and effects of psychoactive drugs
5. Critique professional scholarship in the field of alcohol and drug addiction
6. Understand the ways in which technology can be used to better understand drugs of abuse in the field of alcohol and drug abuse counseling
7. Demonstrate the ability to work collaboratively with others and maintain a professional demeanor
8. Learn and understand the 12 core functions of an addiction counselor (Screening, intake, orientation, assessment, treatment planning, counseling, case management, crisis intervention, client education, referral, reports and record keeping, & consultation)

METHODS OF INSTRUCTION

In order to maximize your learning in the course and assist you in becoming a self-directed learner, several methods of instruction will be used. These include:

1. Lectures
2. Student Presentations
3. Small and Large Group Discussion
4. Self-reflection and evaluation
5. Independent Research and Application

To receive the full benefit of the course, you should be prepared to take part in all of these activities.

COURSE REQUIREMENTS

1. **Midterm and Final Exams (75 points each)**: These exams will be both multiple choice and essay in format.

   Course objectives addressed: 1, 2, 3, 4
2. **Written Journal Article Reviews (25 points)**: In this assignment you will access the professional literature and locate a journal article discussing a particular psychoactive substance. This article should come from a peer reviewed journal. You are to summarize and critique the article in a one page paper. The APA citation for the article should be included at the top of the page. Your summary should be brief and highlight the main points of the article. A sample review is attached to this syllabus.

Course objectives addressed: 2, 3, 4, 5, 6, 8

3. **Group Discussion Leading (50 points)**: In this assignment you will work with a small group of students to present and lead a discussion on one group of psychoactive substances. You should plan to spend a minimum of 30 minutes covering your material. You should provide handouts and use some form of technology in your presentation. You will be graded on the degree to which you follow assignment guidelines, provide accurate information, and involve peers in discussion of the material. Your presentation should include information on the effects of the psychoactive substance, populations most affected by the substance, and forms of treatment that are most effective for the substance. Other information can be included as well.

Course objectives addressed: 1, 2, 3, 4, 5, 6, 7, 8

4. **Special Populations Paper (75 points)**: For this paper you should choose one cultural group and discuss the patterns of alcohol and drug use prevalent within that group. Questions you should answer include: What types of drugs are most popular with this group? Why might this be different than with other groups? What types of treatments work with this group for the main substances of use? You must use at least 6 references from professional, peer reviewed journals to complete this paper. You will be graded on the degree to which you follow directions and provide accurate information.

Course objectives addressed: 1, 2, 3, 4, 5, 6, 8

**COURSE EVALUATION GRADING SCALE**

The course is worth a total of 300 points. The following scale will be used to compute your letter grade.

- **A** 300 – 285 points (100% - 95%)
- **A-** 284 – 270 points (94% - 90%)
- **B+** 269 – 260 points (89% - 87%)
- **B** 259 – 249 points (86%-83%)
- **B-** 248 – 240 points (82%-80%)
- **C+** 239 – 231 points (79%-77%)
- **C** 230 – 219 points (76%-73%)
- **C-** 218 – 210 points (72%-70%)
- **D+** 209 – 201 points (69%-67%)
- **D** 200 – 188 points (66%-63%)
- **D-** 187 – 180 points (62%-60%)
- **F** Less than 179 points (<60%)
ATTENDANCE NOTE

Attendance in this class will be crucial to your learning and final grade. If you do miss class, however, please do not ask me for notes, overheads, or to summarize what we did in class. You may consult your classmates on these issues. In some instances (e.g., family emergencies, severe illness) I will make arrangements to meet with you individually following an absence. Also, because this class will be work-group intensive, attending class will be crucial to completing all group work assignments. If you miss class you will make arrangements with the instructor to make up work through a negotiated assignment.

CONFIDENTIALITY

At times, either you or your classmates may feel that it is appropriate to share personal information relevant to course discussion. As helping professionals-in-development, you should feel comfortable in doing so. This will help you to make sense of the material and to learn about yourself. Therefore, all students in class should adhere to strict confidentiality standards. That is, whenever personal information is divulged in class, it is to stay in the class. At the same time, individual students are encouraged to use discretion when discussing personal information. Failure to abide by rules of confidentiality may result in removal from the class.

A WORD ABOUT DEADLINES

All assignments are due on the day indicated in the syllabus. These deadlines are not open to negotiation. However, I do recognize that each of you may have a life outside of this course, and that certain things may happen in that life that infringe on your ability to meet a particular deadline (these include birth of a child, death of a loved one, natural disaster; these do NOT include Monday Night Football, working overtime, weekend getaways). In the event that something happens, please contact me as soon as possible to discuss your situation and possible alternate arrangements. Failure to do so will result in a lowering of your grade. Five points will be deducted from each assignment for every day it is late.

IUSB SCHOOL OF EDUCATION POLICIES

Commitment to Diversity
The School of Education at IUSB is committed to preparing preservice teachers, school leaders, and community and school counselors to support learning for all students. Each class and learning experience helps candidates develop the knowledge, dispositions, and performances needed to meet the needs of students in today's diverse classrooms.

Commitment to Technology
The School of Education at IUSB is committed to preparing preservice teachers, school leaders, and community and school counselors who have the knowledge, dispositions, and performances needed to effectively use technology to help all students learn. Candidates are expected to incorporate technology throughout their course work and clinical experiences.
UNIVERSITY POLICIES

1. **Electronic Mail**: Electronic mail (email) is the official means of communication with students at Indiana University South Bend.

   A student's failure to receive or read official university communications sent to the student's official email address does not absolve the student from knowing and complying with the content of the official communication.

   It is recommended that students check email messages at least once daily. The university provides a simple mechanism for students to forward email from the official university email address to another email address of the student's choice. However, students who choose to have email forwarded to another email address do so at their own risk.

2. **Disability Statement**: If you need adaptations or accommodations because of a disability, if you have emergency medical information to share with me, or if you need special arrangements in case the building must be evacuated please make an appointment with me as soon as possible.

3. **Academic Integrity**: All students in the School of Education are expected to maintain the highest professional and ethical standards. It is your responsibility to familiarize yourself with our Code of Ethics at [http://campuslife.indiana.edu/Code](http://campuslife.indiana.edu/Code).
# Course Content and Tentative Course Schedule

<table>
<thead>
<tr>
<th>Session</th>
<th>Topic</th>
<th>Due</th>
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<tbody>
<tr>
<td><strong>Weekend #1</strong></td>
<td></td>
<td>Chapters 1 &amp; 2</td>
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</tbody>
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| Fri. 5pm – 9pm | • Course Introduction  
• Personal beliefs and attitudes about alcohol and drug use  
• Psychoactive Drug Classification | |
| Sat. 8am – 12pm | • Heredity, environment, and drugs  
• Physiological effects of psychoactive substances  
• Continuum of psychoactive drug use | |
| Sat. 1pm – 5pm | • Uppers (stimulant drugs) | Chapter 3 |
| **Weekend #2** | | Written journal article review due |
| Fri. 5pm – 9pm | • Student discussion leading (stimulant drugs) | |
| Sat. 8am – 12pm | • Review and discussion  
• Midterm Exam | |
| Sat. 1pm – 5pm | • Downers (opiates/opioids)  
• Student discussion leading (opiate/opioids) | Chapters 4 |
| **Weekend #3** | | Chapter 5 |
| Fri. 5pm – 9pm | • Other “downer” drugs  
• Student discussion (downer drugs)  
• Alcohol | |
| Sat. 8am – 12pm | • All-Arounder drugs  
• Other drugs and addictions  
• Student presentation (all-rounders and other drugs) | Chapter 6, 7, and 10 |
| Sat. 1pm – 5pm | • Review and discussion  
• Final Exam | |

**Special Populations Paper:** Due to instructor's office 2 weeks after the end of the course. Instructions are forthcoming.