**From Start to Finish: Student Learning Objectives and Campus Support**

<table>
<thead>
<tr>
<th>DISCOVER: EXPLORATION &amp; ADJUSTMENT</th>
<th>DREAM: DECISION MAKING TO COMMITMENT</th>
<th>DESIGN: FOCUSED LEARNING AND GROWTH</th>
<th>DELIVER: INTEGRATION AND PREPARATION</th>
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<tr>
<td><strong>Consider</strong> what you enjoy and are passionate about.</td>
<td><strong>Formulate a vision for your future.</strong></td>
<td><strong>Set measurable goals and steps to achieve them.</strong></td>
<td><strong>Apply to graduate.</strong></td>
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<td><strong>Identify</strong> your strengths.</td>
<td><strong>Focus on areas of primary interest.</strong></td>
<td><strong>Refine academic skills.</strong></td>
<td><strong>Shift focus to post-graduate goals.</strong></td>
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<td><strong>Adapt</strong> to university culture.</td>
<td><strong>Build on your strengths.</strong></td>
<td><strong>Improve networking skills.</strong></td>
<td><strong>Develop professional skills and experience.</strong></td>
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<td><strong>Explore</strong> academic and career options.</td>
<td><strong>Cultivate</strong> relationships with peers &amp; faculty mentors.</td>
<td><strong>Undertake</strong> leadership opportunities.</td>
<td><strong>Finalize</strong> post-graduate plans.</td>
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**Advisors:**
- Clarify university policies.
- Offer information concerning campus resources, academic and social opportunities (tutoring, research, travel, clubs, community service).
- Explain curriculum requirements.
- Connect general education courses, electives, and major/minor requirements to form a field of study.
- Increase familiarity with information systems, course planning and schedule adjustments.
- Help sharpen time management and organizational/study skills.

**Career counselors:**
- Provide career testing and counseling.
- Assist with career exploration.

**Mentors:**
- Explain value of liberal education.
- Evaluate and refine initial major/career choices.
- Discuss academic options (honors, study abroad, service learning, etc.).

**ACADEMIC ADVISING**

- Build upon student strengths and aspirations.
- Focus involvement in social activities.
- Increase general education related knowledge and introduce field specific knowledge.
- Encourage familiarity with peers and faculty in anticipated areas of study.
- Increase familiarity with campus resources.

- Help refine educational plans as interests become clearer.
- Devise strategies to accomplish short- and long-term goals.
- Encourage development of support networks and life-long learning plans.
- Increase independence and help recognize need for interdependence.

**CAREER COUNSELING**

- Assist in developing long-term educational and career plans.
- Explore opportunities to clarify interests (employment or volunteering in a related area, study abroad, job shadowing, internships).
- Explain how a resume is constructed.

- Explore how interests and skills apply to the world of work or post-graduate education.
- Clarify career goals and test career choice through internships, job shadowing, etc.
- Connect educational plans to career plans.

**FACULTY MENTORING**

- Introduce student to major/department requirements and expectations.
- Help to refine study skills and develop effective habits.
- Help develop long-term educational and career plans.
- Explore opportunities that will help to clarify interests (study abroad, internships, etc.)

- Help refine and focus educational goals.
- Encourage student to articulate what they are studying and why.
- Help develop more advanced research, writing, and study skills.
- Show ways to increase strengths and develop new ones within field.
- Explain value of ability to work in teams.
- Encourage leadership roles within social groups in the institution.

Information adapted from: Utah Valley University, uvuadvisortraining.pbwiki.com and Bloom & Archer, "Incorporating Appreciative Inquiry into Academic Advising," *The Mentor*, 2002

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