INDIANA UNIVERSITY SOUTH BEND
HUMAN RESOURCES NEWS

Using the HSA—What Not to Buy

Only employees enrolled in a High Deductible Health Plan (HDHP) have an HSA account.

One of the most common mistakes owners of the Health Savings Account (HSA) make is to spend HSA money for something other than qualified health care.

These are often mistakenly purchased with HSA money:

- Over the counter medications and supplements, such as:
  - Daily multi-vitamins
  - Supplements, like fish oil or Vitamin D
  - Cold and flu medicines
  - Ibuprofen or aspirins
  - Allergy medicines

(The above items must have a prescription to be an eligible expense; otherwise, they are considered to be for your general well-being, even if you take them when you feel ill.)

- Personal use items, such as:
  - Toothbrushes, dental floss, or special toothpaste
  - Special shampoos, moisturizing lotions, etc.

(The above items are primarily used to maintain general health, not primarily for medical care, so they are not eligible either, even if recommended by a dentist or medical doctor.)

TIP – If you are unsure whether a purchase is an IRS-qualified expense, pay for it from different account until you verify its eligibility. You can always go back and reimburse yourself from the HSA account later.

Nyhart has an extensive (and interesting!) table of healthcare expenses that lists everything from AA meetings, mattresses and massage to special foods and sunscreen. Questions? Call Nyhart at 800-284-8412.

NOTE – If you are below age 65, you could be liable for a 20 percent penalty when using HSA money to pay for an ineligible purchase. You could also be assessed income taxes on that withdrawal.

RANDOM TRIVIA QUIZ

1. Who was the Director of the CIA from 1976-81?
2. Who sang the title song to the Bond film "A View To A Kill"?
3. How is Truman Streckfus Persons better known?
4. If it’s 8 a.m. in California, what time is it in Missouri?
5. In which year was CNN founded?
6. Which famous brother of Talia Shire does not share her last name?
7. Dave Gilmore and Roger Waters were in which rock group?
8. Which American wrote "The Game of Chess"?
9. A Gandy Dancer has what job?
10. What are you afraid of if you have Pogonophobia?

IN MEMORIUM

Michele Morgan-Dufour

Answers on page 4
**JUNE ANNIVERSARIES**

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<th>NAME</th>
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<td>Michael Harley</td>
<td>1</td>
<td>Tamika Johnson</td>
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<td>Tom Norris</td>
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<td>Jackson Delano</td>
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<tr>
<td>Scott Cooper</td>
<td>2</td>
<td>Ginny Jones</td>
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<td>Kari Frame</td>
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<td>Scott Strittmatter</td>
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<td>Lori White</td>
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<td>Kim Moore</td>
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**IUSB CAMPUS One-on-One Retirement Planning Counseling**

University Human Resources – Retirement Program Services Visits

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<tr>
<td>July 15</td>
<td>Admin Bldg, Room 243C</td>
<td>9:00 a.m. – 3:00 p.m.</td>
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<tr>
<td>October 6</td>
<td>Admin Bldg, Room 243C</td>
<td>9:00 a.m. – 3:00 p.m.</td>
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To schedule an appointment email retplans@iu.edu or call 812-856-5191

*Phone meetings may also be scheduled on any day or time*

**TIAA-CREF Visits**

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<th>Times</th>
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<tbody>
<tr>
<td>July 14</td>
<td>Admin Bldg, Room 243C</td>
<td>9:00 a.m. – 4:00 p.m.</td>
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<tr>
<td>Aug 12</td>
<td>Admin Bldg, Room 243C</td>
<td>9:00 a.m. – 4:00 p.m.</td>
</tr>
<tr>
<td>October 6</td>
<td>Admin Bldg, Chancellor's Dining Room</td>
<td>9:00 a.m. – 4:00 p.m.</td>
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<tr>
<td>November 18</td>
<td>Admin Bldg, Room 243C</td>
<td>9:00 a.m. – 4:00 p.m.</td>
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Please visit [http://www1.tiaa-cref.org/tcm/indiana/index.htm](http://www1.tiaa-cref.org/tcm/indiana/index.htm) or call 800-732-8353

**Fidelity Visits**

<table>
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<tr>
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<td>October 1</td>
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Please visit [http://plan.fidelity.com/indiana](http://plan.fidelity.com/indiana) Or call 800-642-7131
STAFF APPRECIATION DAY SERVICE RECOGNITION AWARDS
PRESENTATION – JUNE 12, 2015

CHANGES ARE COMING!

Beginning in July, the Indiana University South Bend Human Resources News will be sporting a new look! Here is a sneak peek at page 1.

5 YEARS

Malissa Ayala
Jeffery Beyer
Gary Bragg
Sylvia Detwiler
Maureen Green
Ryan Gruenewald
Michelle Hairston
Judy Houston
Pam Land
Christine Lass

5 YEARS

Charles McCallister
Constance Peterson-Miller
Judi Poelvoorde
Kathryn Russell
Katrina Smith
Marcus Snowden
Lee Streby
Julie Wells
Ashley Zielinski

10 YEARS

David Darnell
Peggy Geik
Linda Gilliland
Tiffany Goehring
Rosalee Hamlin
Hilda Lora

10 YEARS

Catherine McCray
Kathrine Miller
Christine Nelson
Laurie Richards
Tracy White

15 YEARS

Susan Bendy
John Bright
Kim Coleman
Deanna De Baets
June Hall
Linda Knefely

15 YEARS

Frances Lanciotti
Kyle Paulk
Tamea Rector
Douglas Thompson
James Yocom

20 YEARS

Cheryl Ashcraft
Morris De Geyter
Daniel Finch
Glenn Kozora
Katherin Plodowski
Erika Zynda

25 YEARS

Barbara Allen
James Gerschoffer
Martin Gersey
Darrell Sanders
Cheryl Stuart

30 YEARS

Thomas Brown

35 YEARS

Anthony Pearson
THERE’S A RUMOR GOING AROUND

Call it wishful thinking or the rumor mill, but trust us when we say: There is no Early Retirement Incentive Program (ERIP) in the works for today, tomorrow, or the foreseeable future.

The next time you hear this rumor, you have our permission to shut it down.

INDEPENDENCE DAY HOLIDAY

Since July 4 falls on a Saturday this year, the University observes Independence Day on July 3. Eligible employees are excused from work and receive pay for July 3.

Questions? See the personnel policies for your employee group or contact the Campus HR Office.

RANDOM TRIVIA QUIZ ANSWERS

1. George Bush
2. Duran Duran
3. Truman Capote
4. 10:00 a.m.
5. 1980
6. Francis Ford Coppola
7. Pink Floyd
8. Bobby Fischer
9. Railroad repair
10. Beards, or men wearing beards

Spicy Honey-Glazed Chicken Breasts

INGREDIENTS:
- ¼ t. chili powder
- 1 t. lemon juice
- 1 clove garlic, finely chopped
- 1 small onion, finely chopped
- ½ c. honey
- 2 t. hot pepper sauce
- ½ c. extra-virgin oil
- 1 clove garlic, finely chopped
- 1 clove garlic
- 1 large onion, chopped
- 8 skinless, boneless chicken breasts (about 4 lbs.)
- Salt
- 1 pineapple, peeled, cored and sliced into 8 thick rings

DIRECTIONS:
In a small saucepan, heat 1 T. of olive oil over medium heat. Add the onion and garlic and cook, stirring, until translucent and beginning to brown, 6 to 8 minutes. Add the honey, hot pepper sauce and chili powder and simmer for 1 minute. Remove from heat and stir in lemon juice. Set aside.

Preheat a grill or large grill pan to medium-high. Rub the chicken with the remaining 3 tablespoons olive oil and season with salt. Grill until well-marked, about 7 minutes. Flip and cook until the bottoms are well marked and the chicken is cooked through, another 2 minutes. Transfer to a plate and brush with the reserved honey glaze. Cover with foil and let rest for 5 minutes.

Meanwhile, grill the pineapple until well-marked on one side, about 4 minutes, then flip over and cook another 2 minutes. Serve with the chicken.

For more recipes please visit: http://www.rachaelraymag.com
Office of Human Resources Vision

IU South Bend Human Resources aspires to build strategic partnerships with the organization to create a culture that values all employees and strives to positively affect university goals through the delivery of HR solutions that will add value to the evolving organization.

Mission

University Human Resources’ mission is to attract, sustain and inspire excellence with Indiana University’s most important resource, our employees...past, present and future.