Welcome to IU South Bend

Please join the Office of Human Resources in welcoming our new employees to campus!

Lezlie Ontiveros       Assistant VC
                      Acad. Aff. Office
Araceli Lepe-Moreno   Student Affairs
Jessica Jackson-McLain Assistant VC
                      Acad. Aff. Office
Olivia Catey          Acad Affairs

U.S. GEOGRAPHY TRIVIA

1. Missouri is south of?
   a. Arkansas              b. Iowa
   c. Kentucky              d. Tennessee

2. The Mississippi River Delta is in which state?
   a. Mississippi           b. Alabama
   c. Louisiana             d. Texas

3. Which city is not on the east coast?
   a. Charleston            b. Columbia
   c. Savannah              d. Boston

4. Which state does not lie on the Gulf of Mexico?
   a. Texas                 b. Louisiana
   c. Georgia               d. Florida

Answers are on page 4.

PERSONAL ACCIDENT INSURANCE

Plan Provisions

- Indiana University’s Personal Accident Insurance plan pays benefits in the event of accidental loss of life or severe injuries which result in dismemberment.
- Full-time, appointed employees of Indiana University can purchase coverage for themselves, or for themselves and family members.
- Various additional benefits are available for such situations as violent crime, permanent total disability, death of both employee and spouse in one accident, education or training for surviving children or spouses.
- Eligible employees can purchase coverage of from $30,000 to $500,000.
  - If family plan coverage is purchased, each family member's coverage is a percentage of the benefit amount selected.
- Travel Assistance Services are available to plan enrollees.

Eligibility: All full-time Academic (including Medical Residents) and Staff employees of Indiana University are eligible for participation in the Personal Accident Insurance plan; an enrolled employee may also insure their legal spouse/registered domestic partner and unmarried dependent children (under age 19, or under age 25 if full-time students).

Enrollment Period

- New employees have 30 days from the date of employment to enroll.
- Eligible employees who do not choose to enroll at the time of employment may do so during the annual Open Enrollment Period.
- Changes in plan enrollment may be made in the case of a Qualifying Event*.
  - Enrollment continues as long as the employee remains eligible and pays the premium; coverage for dependent children ends when they no longer qualify as dependents.

*A Qualifying Event is a significant family or employment change, such as: marriage, divorce, death of a dependent, birth of a child, spouse's termination or commencement of employment, and termination or commencement of leave-without-pay.

Continued on page 4
### MARCH ANNIVERSARIES

<table>
<thead>
<tr>
<th>NAME</th>
<th>YRS</th>
<th>NAME</th>
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<tbody>
<tr>
<td>Ed Behnke</td>
<td>1</td>
<td>Bruce Villwock</td>
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<td>Shelly Pass</td>
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<td>Anne Richmond</td>
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<td>Lydia Turner</td>
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<td>John Bright</td>
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<td>Gary Allison</td>
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<td>June Hall</td>
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<td>Malisaa Ayala</td>
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<td>Doug Thompson</td>
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<td>Theresa Heffner</td>
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<td>Janet Kujawa</td>
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<td>Karla Forsythe</td>
<td>7</td>
<td>Josephine Johnson</td>
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<td>Christopher Slott</td>
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<td>Phillip Mikulak</td>
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<td>Peggy Geik</td>
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<td>John Ratkiewicz</td>
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<td>Tiffany Goehring</td>
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<td>Andy Evans</td>
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### IUSB CAMPUS One-on-One Retirement Planning Counseling

University Human Resources – Retirement Program Services Visits

<table>
<thead>
<tr>
<th>Date</th>
<th>Building or Room</th>
<th>Times</th>
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<tbody>
<tr>
<td>March 25</td>
<td>Admin Bldg, Room 243C</td>
<td>9:00 a.m. – 3:00 p.m.</td>
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<td>July 15</td>
<td>Admin Bldg, Room 243C</td>
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<tr>
<td>October 6</td>
<td>Admin Bldg, Room 243C</td>
<td>9:00 a.m. – 3:00 p.m.</td>
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To schedule an appointment email retplans@iu.edu or call 812-856-5191

*Phone meetings may also be scheduled on any day or time*

### TIAA-CREF Visits

<table>
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<tr>
<th>Date</th>
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<tr>
<td>February 10</td>
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<td>April 21</td>
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<tr>
<td>May 6</td>
<td>Admin Bldg, Room 243C</td>
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<td>July 14</td>
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<td>Aug 12</td>
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Please visit http://www1.tiaa-cref.org/tcm/indiana/index.htm

or call 800-732-8353

### Fidelity Visits

<table>
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<td>July 8</td>
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Please visit http://plan.fidelity.com/indiana

Or call 800-642-7131
IMPORTANT REMINDER

If you are a participant in the HSA please make sure you have destroyed your Blue Chase debit card. Those cards were deactivated in January when we transferred the funds over to Nyhart.

YOUR BENEFITS AND ONE START

There are many benefits related actions you can access through One Start. This will walk you through some of those actions and explain what you can do by using the links on the page. Let’s begin by logging in to One Start and then clicking on the “services” tab at the top.

There are several actions you can access so let’s take them one by one beginning with Benefits Change Connection.

Benefits Change Connection

- Benefits Change Connection
- Life Event Changes
- Enroll/Change Benefits
- HSA Contribution Change Form
- IU Tuition Benefit
- Personal Health Record
- Transparency Tool
- Clinical Care Services

When you click on the “Benefits Change Connection” link you will be taken to a page providing you with information, instructions and forms to:

- Learn what changes you can make to benefit plans after a family status change (marriage, divorce, etc.)
- Enroll in a benefit plan or change coverage in an existing plan
- Enroll in the IU Tuition Benefit

“Life Event Changes” link provides more information as to what qualifies as a family status change and what changes you can make to your benefits based on any of those changes.

“Enroll/Change Benefits” provides links to plans you can change that do not require a change in family status. Some things you can do from here - change your life insurance beneficiary/beneficiaries; enroll in the tuition benefit program; enroll/change/terminate your long term disability coverage and much more.

“HSA Contribution Change Form” allows you to increase or decrease your contributions to your HSA account at any time during the year. Just remember, your contribution level cannot go below $300 for the year.

“IU Tuition Benefit” takes you directly to the web page where you can sign up for the benefit. All you need to get started is your 10 digit employee ID.

“Personal Health Record” will take you to the IU Sponsored NoMoreClipBoard patient portal.

“Transparency Tool” takes you to information about Castlight Health. This is a service that will help you get more out of your healthcare benefits.

“Clinical Care Services” is a voluntary benefit aimed at providing enhanced access to primary care services, including access to same-day, call-ahead medical care when needed. This benefit is currently not available in our area.
PERSONAL ACCIDENT INSURANCE

Plan Contributions

The premiums for coverage under the Personal Accident Insurance plan are paid in full by the employee.

Effective January 1, 2009

<table>
<thead>
<tr>
<th>Benefit Amount</th>
<th>Monthly Cost for Employee Only Coverage</th>
<th>Monthly Cost for Employee and Family Coverage*</th>
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<tbody>
<tr>
<td>$30,000</td>
<td>$0.48</td>
<td>$0.78</td>
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<tr>
<td>$60,000</td>
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<td>$500,000</td>
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* For Employee and Family Coverage, benefits for family members will be a percentage of the Benefit Amount selected.

Conversion Opportunities

- Before age 70, if this group coverage ends for any reason other than failure to pay premiums, the policy can be converted to an individual policy without medical certification.
- Application for a conversion policy must be made, and the first premium paid within 31 days after the end of group coverage.

For more detailed information visit:
http://hr.iu.edu/benefits/pai.html

U.S. GEOGRAPHY TRIVIA ANSWERS


CRISY FISH WITH LEMON DILL SAUCE

Ingredients:
2 large egg whites, lightly beaten
1 c. panko (Japanese breadcrumbs)
½ t. paprika
¾ t. onion powder
¾ t. garlic powder
4 (6 oz.) skinless cod fillets (can use halibut or tilapia)
1 t. black pepper
Cooking spray
¼ c. canola mayonnaise (such as Hellman’s)
2 T. finely chopped dill pickle
1 t. fresh lemon juice
1 t. fresh chopped dill
Lemon wedges

Preparation:
1. Preheat broiler to high.
2. Place egg whites in a shallow dish. Combine panko, paprika, onion powder and garlic powder in a shallow dish. Sprinkle fish evenly with pepper. Dip each fillet in egg white, then dredge in panko mixture; place on a broiler pan coated with cooking spray. Broil 4 minutes on each side or until the desired degree of doneness.
3. Combine mayonnaise, pickle, lemon juice and dill. Serve with fish and lemon wedges.

For more recipes please visit:
http://www.myrecipes.com/
LIKE US ON FACEBOOK
Your HR Department now has a Facebook page. Please take the time to visit our page, “like” it, share it with your friends and visit often. Here is the link:

VISIT US ON PINTEREST AND TWITTER TOO!

Office of Human Resources - South Bend

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Fax: 574-520-5559
https://www.iusb.edu/human-resources/

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Office of Human Resources
Vision

IU South Bend Human Resources aspires to build strategic partnerships with the organization to create a culture that values all employees and strives to positively affect university goals through the delivery of HR solutions that will add value to the evolving organization.

Mission

University Human Resources’ mission is to attract, sustain and inspire excellence with Indiana University’s most important resource, our employees...past, present and future.