FOOD FESTIVAL 2012
3-6 pm, April 14, 2012

“We are indeed much more than what we eat, but what we eat can nevertheless help us to be much more than what we are.”

~Adelle Davis

Each year, the International Food Festival offers the public a chance to become much more than they usually are by offering tastes of traditional foods that make them feel “at home.” In its thirteenth year, this spring’s festival features cuisine, fashion, and performances from cultures around the globe.

BREAKING EGGS

At first blush, my students appeared to be sporting halos, which didn’t quite synch with certain temperaments and behaviors. My husband and I were teaching elementary school in San Antonio, Texas with Volunteers for Educational and Social Services, and we were grateful to be moving toward the welcome respite of Easter Break at the end of a long and arduous school year under the Texan sun. Perhaps it was a hallucinatory vision of paradise I glimpsed, watching the children on the playground fly at each other and then dance with glee as I heard a popping sound and marveled

OVER THE BORDERLINE

Just after twelve o’clock noon on a Friday afternoon, twelve of us IU South Bend students along with Dusty Krikau and Sarah Thome, embarked on an eight-hour caravan trip to Niagara Falls, NY. As broke college students, we were all excited to only spend $35 for our lodging and transportation. Although we were provided an itinerary and background information for the events of the weekend, each phase of the trip was filled with unexpected surprises. With limited technology and maximum time available to us, we got to know one another fairly well en route to our destination. Being a good mix of domestic and international students, we learned about different cultures.
### What’s on the Menu for International Food Festival 2012?

- **Benin:** Piron Rouge & Juice Cocktail
- **Costa Rica:** Empanadas de Papa con Carne
- **China:** Spicy Tofu & Stir-fried Rice
- **Saudi Arabia:** Kabsa
- **South Korea:** Bulgogi & Duk Gochi
- **Ivory Coast 1:** Yassa & Rice, Hibiscus Flower Juice, & Fried Plantains
- **Ivory Coast 2:** Pain Brochette & Choukouya
- **Ghana:** Jollof rice w/chicken & fish pepper soup
- **Kurdistan:** Dolma & Nisk & Baklava
- **Kenya:** Chapati & Beef Baklava
- **Japan:** Sushi
- **Malaysia:** Roti Canai
- **USA (South):** Greens & Chess Pie
- **USA:** Tomato Beef Stew & Sesame Chicken Alfredo
- **Zambia:** Mandazi

### ASIAN HERITAGE CELEBRATION

Begin your weekend in the University Grill with food and performances at the 13th Annual Asian Heritage Month Celebration. Students will share traditional Japanese stories and Indian customs and festivals. Others will offer demonstrations of Tai Chi, Bon Odori, Kendo, and traditional dances, plus much more. Models will showcase traditional Asian attire from the various regions that make up “Asia.”

Admission is free and includes food (as long as it lasts)!

### FOOD FESTIVAL in the University Grill

Tickets for the International Food Festival are on sale now at the box office in Northside and will be available at the door as well.

$10 ($5 for children 7 and under) buy an all-you-can-eat-till-it-is-gone ticket.

See the menu above to get a glimpse into what is in store for your tastebuds.

Got questions? iso@iusb.edu.

**5:30-8:30 PM**
**FRIDAY, APR. 13**

**3-6 PM**
**SATURDAY, APR. 14**
All students in F-1 or J-1 status and their F-2 or J-2 dependents, who have lived in the U.S. for less than 5 years, are considered “non-resident aliens” for tax purposes and must file a Form 8843 with the Internal Revenue Service (IRS), regardless of whether anyone has been employed in the U.S. or received any other income from a U.S. source.

In addition, students in the above immigration status, who have lived in the U.S. for less than 5 years and received any kind of U.S. income, should file a tax return Form 1040NR (or 1040NR-EZ) with the IRS. Please note that the NR on the forms stands for “non-resident.” These tax forms and directions for completion are available online at the IRS Web site: http://www.irs.gov/.

Students holding asylee, refugee, or permanent resident status, or those holding F and J status in their 6th year of U.S. residency, are likely considered “resident aliens” for tax purposes. Using the following links to the IRS’ green card test and substantial presence test, a person may determine status for tax purposes: http://www.irs.gov/businesses/small/international/article/0,,id=96392,00.html. Those that meet the requirements to be considered a resident alien for tax purposes may file the same tax return forms that a U.S. citizen would file to report income (the 1040—not the 1040NR).

Remember that there are a number of online tax return preparation services available, but students must make a careful determination with regard to status for tax purposes before selecting a service.

**Assistance in Filing a Tax Form**

Although OISS staff cannot provide tax advice, the Office of International Student Services has purchased access to the Windstar Foreign National Tax Resource (FNTR) for use by international students and scholars to prepare their Federal income tax filing for 2011. Access to the system is through the ‘Insurance and Finances’ section of your iStart account (along the left-hand side).

First time users will need to register and create a user account and then may use the system to access the tax preparation software by clicking on either:

a.) The “Tax Return Preparation” button on the far left of the top menu bar, or

b.) The “Prepare and Print your 1040NR/1040NR-EZ” box in the upper right of the screen.

**PLEASE NOTE:** The Foreign National Tax Resource service is not hosted by Indiana University or on IU servers and has not been developed by Indiana University. By clicking on the link above, you will be taken directly to the FNTR webpage which is supported by Windstar Technologies (A Thomson Reuters Business).
The OISS asked Gracia Koyo to tell us a little bit about her experience here at IU South Bend. Below are her thoughts about her experiences as a volunteer with Project LEAD and how working in the South Bend community will impact her community in the Congo.

One part of my IUSB experience was to participate in the Project LEAD program. Project LEAD is a great opportunity for students to connect with their community and learn through social engagement. Our first activity was to volunteer at the local homeless shelter. I was amazed that a lot of students showed up for this activity. This is proof that there are some wonderful students out there who believe in helping others. That day, regardless of our differences and background, we shared a common goal: making a difference in the community and growing from it.

What would you do if your life was crumbling before your eyes and you just couldn’t stop it? How would you feel if you were to lose everything, even your pride? We met a nice woman in her fifties who was battling through some hard times. Having no means to support themselves, she and her husband became homeless. They had to reconsider every single aspect of their life and get help from the local shelter. Her story was heartbreaking but I felt like her smile softened it. I could feel the emotion increasing as she told her story, some tears here and there: contagious ones. Then she reminded us there’s nothing better than a smile when someone suffers. Thanks to God, her husband had found a job and they were in the process of getting their own apartment.

The shelter is more than a roof over one’s head. It is also a place where people get tools to rebuild their life; it’s a place they can be safe and secure, and have a little privacy and control over their living spaces.

I’m from the Congo (Republic of Congo) and most of the Congolese today are living in poverty. Volunteering is not very common in my country. It has to change (I will make sure of it).

Helping the homeless shelter was an enriching experience. It has taught me not to take things for granted. Respect, listening and sharing are the three values that emerged from this opportunity and I will definitely share them when I’ll be back home.

I believe my volunteer work at Project LEAD was really meaningful and a good way to give back to society. Dedicating my time as a volunteer in general helped me make new friends, expand my network, and boost my social skills.

I hope if you have an opportunity to help you will do so also. Even a few hours a month will mean a great deal to those in need. If there’s an aspect of the community you would like to make better, I urge you to take action now!

“I definitely want to be an IU South Bend Ambassador!”

- Gracia Koyo
**CAN I THROW AWAY MY OLD I-20?**

No! Your old I-20s don’t need to be with you during travel, but you must keep them for future use if you plan to apply for any government benefits (like OPT) or if you have any problems with your immigration status later on and need to apply for a reinstatement. Your I-20s are your paper immigration history and should be kept safe. Start an “I-20” file and, each time you get a new I-20, put the old one in the file. Some people will go through their entire time at IU South Bend with one or two I-20s, while others will get one or two per semester and end up with more than ten by the time they graduate. No matter how many you have, each one of them is important enough to keep.

**NIAGARA FALLS** (cont. from pg. 1)

When we arrived in New York we couldn’t believe it was snowing. We had been spoiled by our 80° weather (as had the New Yorkers), but the harsh wintery weather was now upon us. In the dark we navigated the streets of New York in search of our lodging and finally arrived at the Wanderfalls Hostel. Many of us had never stayed at a hostel before and didn’t know what to expect. We walked up the stairs of the hundred-year-old home and poured into the wood finished foyer. Caroll, the owner of the hostel, began familiarizing Dusty with the house while her husband, Andre, sat at a beautiful wooden roll top desk entering the names of each visitor in his guest book. The service was wonderful, and despite being a bit cold, the house was beautiful.

No one anticipated the hunger we experienced at this hour. Refusing to be discouraged, everyone pooled their stash of goodies on the coffee table to curb appetites for our group viewing of the film Frozen River. The powerful film includes two main characters, both women and single mothers, one is white, the other Mohawk, and the plot includes their struggle and involvement with border smuggling across a frozen river.

We began the next day at Niagara University where border patrol officers from Canada and the U.S. gave a presentation about border security. After stopping at the university bookstore to winterize (hats and gloves were on sale!) half of the group, those who brought their passports (and visas for international students), walked across Rainbow Bridge into Canada, while the other half enjoyed the Falls on the U.S. side. After lunch, both groups reunited to voyage over to Old Fort Niagara for a tour led by our new friend Toby. Toby told us the history of the War of 1812 and then walked with us through Fort Niagara. At the end of the day we travelled to a local supermarket and bought ingredients to make lasagna for dinner. Everyone was assigned a task and we enjoyed our dinner together during Earth Hour in the dark illuminated by cell phone lights. Games and laughter went well into the early hours of morning before they fell silent for a few hours prior to our departure. My favorite part of the trip was getting to know a great group of fellow classmates. I had to travel all the way to Canada to find the friends I had right here at IUSB!

**“Experiencing Earth Hour at Niagara Falls with my new international friends was an experience that I will never forget.”**

- Hailey Hennessy

Denisse Hernandez and Sara Thome view the falls from Canada.
IU South Bend is quickly updating its systems to include electronic forms for many services that were previously offered on paper. The OISS is going paperless, too, so many of our forms have already been converted to work with our paperless database software. International students are already familiar with some aspects of the program called “iStart.” Soon many of our form links will lead directly to electronic submission forms, or “e-forms,” in iStart. The process to make routine requests, (i.e. transfer in, reduced course load authorization or verify concurrent enrollment) will now be done in iStart.

Professors and advisors will also see portions of these e-forms directed right into their inboxes. If a student request requires the approval of an academic advisor the form will be routed to the advisor as a secondary approver. With a few clicks the advisor will confirm or deny the request and send the form onto the OISS for final processing.

The OISS will offer brief training sessions for faculty and staff during the summer months before fully implementing the new processes.

Sample of What Students See

Sample of What Professors See
at the circles of light that suddenly radiated from each shining pate. But was that glitter, confetti.... and bits of colored eggshell? I was so deep into my heavenly reverie that I hardly noticed the shuffle of footsteps behind me and the ill-concealed squeals of delight. Then came the telltale “pop” and I felt the cascade of tinsel and paper streeling down between collar and neck.

No, I had not earned my wings as an angel.....I had been cascaron-ed!

Cascarones, as the children showed me with pride and mischief, are hollowed out eggshells that have been filled with, yes, glitter and confetti, and then capped with a thin sheet of tissue paper. A person can buy dozens of cascarones, but just as with homemade valentines, there is greater satisfaction in creating such tokens of affection according to one’s own lights. For indeed, the history of these eggshell surprises is rooted in a tradition of paying court to a beautiful woman, and to gently bash someone in the head with a cascarone is to send that lucky soul a greeting of warmest emotion.

It is said that early versions of the cascarone (a word derived from the Spanish for eggshell) were filled with perfumes and scented powders. Marco Polo is often credited with bringing this amorous tradition from China to Europe, from whence it reached the Americas by way of the travelling trunks Emperor Maximillian’s wife had in stow during a nineteenth century junket. And although many a cascarone went to pieces down in Mexico and other parts of Latin America over the years, the custom has largely died out south of our border but continues to delight Easter, Fiesta, and Cinco de Mayo celebrants in the American Southwest.

And that’s where I was standing, in the American Southwest, when one of my student angels clapped me on the head with a cascarone as if to say, “Teacher, a new and promising season is upon us. Birds are singing and flowers are in bloom. Please remember this dazzling sign of my affection....as you grade my mid-term.”

To learn how to make a cascarone in the San Antonio style, click here to visit the the San Antonio Dispatch.

WE’RE MOVING!

As part of the reorganization of the admissions office, the Office of International Student Services will be moving around the corner with the Office of Admissions. The offices will change locations in the early summer, after Spring Semester has finished and before the second session of Summer classes begins. The walk to visit with an immigration advisor will be much shorter than in the past, just a few short steps from the Gateway!

Our new physical address will be Administration Building 166X.
As one of many sponsoring campus organizations, the Office of International Student Services was proud to be a part of the recent House of Privilege event on campus. More than 300 people from IU South Bend and the surrounding community took a tour from the Reality Realtor, who showed them many places to consider as potential sites of ascribed, or unearned, privilege in US society. These ascribed privileges are offered to individuals based solely on their real or perceived identities and have many implications for the potential of an individual to advance personally, academically or professionally. Participants finalized their tour with a discussion of their experiences and were challenged to consider many viewpoints. One debriefing leader encouraged participants to consider their privileges like a coin flip: If the coin lands in their favor, it lands unfavorably for someone else.

In addition to the many participants who came through the House of Privilege, more than 40 people assisted as volunteers during the event. The volunteers engaged with the concept of ascribed privilege and had many discussions of what privileges they received and which were denied, as well as what they considered to be the best course of action to create a more just and ethical way of distributing privileges. This discussion has begun and some of the students hope to help it continue by creating a student group which will create on-going opportunities for discussion and action.

“

It was really eye-opening... I have friends that talk about privilege and I never really understood what they were talking about till the House of Privilege.”

- Brandy Crise

### OPT Applications

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WHAT IT IS

Kassaklifur is one of many “carnival” games played on Sumardagurinn Fyrsti, the first day of the Icelandic summer. The process involves participants climbing a tower of crates while attached to climbing ropes. The participant climbs to the top and a new crate is raised up on a rope to be added to the top of the tower. Towers can get as tall as the roofs of airplane hangars, but are often still attempted inside to avoid the variable wind speeds and directions toppling the tower.

Summer? Why would we write about summer in our April newsletter? The traditional date for the beginning of summer is the first Thursday after April 18, which means summer is only a week away!

Reprinted with permission from the newsletter of the Icelandic Club of Greater Seattle (http://www.icelandseattle.com/images/Newsletters/Apr08.pdf)

Today is the first day of Harpa, the summer month in the old Icelandic calendar, which is also officially the first day of summer. The holiday always falls upon the first Thursday after April 18 and has been a bank holiday since 1921. The First Day of Summer is one of 11 legal flag days in Iceland. According to the website of the University of Iceland, the first day of summer was also considered the first day of the year, which is why people used to count their age, and their animals’ age, in winters rather than years. It was common to distribute summer gifts on the First Day of Summer in Iceland, four centuries before Christmas presents became tradition. People celebrated with a feast, often finer than on Christmas Eve. Farmers took a break from their hard work and children were allowed to play with their friends from the neighboring farms. The day was dedicated to children (and is also known as Children’s Day) and to young women. On this day young men would often reveal whom they fancied.

Another tradition on the First Day of Summer, called húslestur, involved people getting together and listening to readings from the Icelandic sagas, poems or other literature. If the weather was sumcery, farmers would let their cattle and rams out, to allow the animals to greet summer and to entertain themselves by watching the animals play. People used to go to mass on the first day of summer until the mid 18th century when inspectors of Danish church authorities discovered that mass was being held on this heathen day and banned the practice. According to legend, people considered it a good sign if summer and winter “froze together” (if there was frost on the last night before summer). People would put a bowl filled with water outside to check whether it had frozen in the early hours of the next morning, before the morning sun could melt it. If the water had frozen, the summer would be a good one.

UPCOMING EVENTS

April 12-14
8 p.m.
IUSB Theatre:
HMS Pinafore
Campus Auditorium

April 12
All Day
River Bend Film Festival
DW 1001
Featuring works by IU’s New Media Students

April 13
5:30-8:30 p.m.
Asian Heritage Celebration
University Grill

April 14
7-11 p.m.
River Bend Main Film Festival
Century Center

April 14
9 a.m. - 1 p.m.
St. Joseph River Cleanup

April 14
10-1 p.m.
Spring Fling in River Park
Mishawaka Ave.

April 14
3-6 p.m.
International Food Festival
University Grill ($10 adult ticket/$5 ages 7 and under)

April 15
10-5 p.m.
All Things Handmade and Vintage Market
South Bend Elk’s Lodge (Edison Blvd)

Looking for more events? Visit our events page at www.iusb.edu/oiss/events or view the campus calendar.