Planning on taking your B399 Common Core course in the fall? Need a course for the Diversity in US Society requirement? Have we got a deal for you! We know that psychology courses that meet general education requirements can be difficult to get into, due to high demand, so we’re giving you the chance to get in before the rest. During the first week of registration, only Psychology majors can register for Psy B399 Suicide and Depression and P391 Psychology of Gender, Race and Ethnicity, and only Psychology and Women’s Studies and Women’s majors can register for Psy B399 Women and Madness. Starting April 5th, registration will open up to non-majors, so take advantage of this window of opportunity!

Senior Psychology Student—Esther Hendrick

Esther Hendrick is a senior psychology major set to graduate in May, 2010. After she graduates, Esther wants to attend a master’s program in counseling and is in the process of applying. She chose a career in counseling because she wants to focus not only on her own life, but also in helping other people. She wants a hands-on career that helps people live better lives. Esther is already working in a clinical setting—she works at Oaklawn as a mental health technician. Her favorite classes in psychology were Nonexperimental Research Methods (P403) and Abnormal Psychology (P324). She liked Nonexperimental methods because it was fun and the material could be applied to real-life situations. Abnormal psychology focused on mental disorders and will be helpful in her counseling career as well as her current job. For her advanced lab, Esther chose to do a project on how various religious groups differ on their views of the acceptability of suicide and their general knowledge of suicide. Esther is active in the psychology department outside the classroom as well. She does research with Dr. DeBrule’s expressive writing research team, and is a member of Psi Chi (an honor society in psychology). As a senior, she would give this advice to newer students: make an effort to understand the depth, complexity, and rigor of psychological study. Methods classes are important, and a psychology major can lead you into many different professions.
Faculty Profile:
Dr. Matthew Costello began his academic career studying English Literature and Philosophy as an undergraduate student at St. Joseph's University (Philadelphia, PA). In 1999, he earned an M.A. in Liberal Arts from St. John's College (Annapolis, MD), with a Master's thesis that examined gnostic elements in the poetry of William Wordsworth. In 2001, he began doctoral studies in Developmental Psychology at Duquesne University (Pittsburgh, PA). His dissertation examined empirical and philosophical approaches to the development of multisensory perception in infancy, with particular emphasis on Merleau-Ponty's phenomenology of perception. While a graduate student, Dr. Costello received empirical training in experimental and neuroimaging research methods while working at several laboratories at the University of Pittsburgh. In 2006, soon after receiving his doctorate, he was accepted as a Postdoctoral Fellow in the Center for Aging at the Duke University Medical Center (Durham, NC), working under the mentorship of Dr. David J. Madden. At Duke, Dr. Costello conducted behavioral and neuroimaging (MRI) research that examined the effects of aging on cognition and attention. Dr. Costello is currently an Assistant Professor of Psychology at Indiana University South Bend (IUSB), and the Director of the IUSB Cognitive Aging Laboratory.

Research Profile:
Dr. Costello is the Director of the Cognitive Aging Laboratory. His research examines the effect of aging on cognition and attention. Currently, there are two ongoing projects. In the first project, Dr. Costello is assessing whether and how aging mediates visual-motor synchronization. To do so, he utilizes the visual simulation paradigm, in which subjects make target discrimination under conditions of visuo-spatial interference. This project is being conducted with Rutgers University Camden colleagues Drs. Michelle Verges and Sean Duffy. In the second project, Dr. Costello is assessing the effect of aging on the close relationship between nightly sleep behavior and next-morning cognition. In the experiment, subjects wear sleep monitoring devices (actigraphs) that record the quality of their nightly sleep behavior, and in the morning they are cognitively assessed using a computerized cognitive battery. This project is being conducted with several collaborators: Debra Raybold (Director of Memorial Hospital BrainWorks), Gary Fromm, M.D. (Memorial Hospital), and Frank Fujita, Ph.D. (IUSB). Dr. Costello can be contacted through email (mccostel@iusb.edu), phone (574-520-4593), or mail (1700 Mishawaka Ave., DW 2167, IUSB, South Bend, IN, 46634).

What is Psychology?
Psychology is the study of the mental processes and behavior. The term psychology comes from the Greek word psyche meaning "breath, spirit, soul" and the logia meaning "study of." Psychology emerged from psychophysics and philosophy and is closely linked to other disciplines including sociology, medicine, linguistics and anthropology.
We are offering two advanced labs in Fall 2010. If you plan on taking an advanced lab, you need to fill out an authorization form (available in the psychology office, DW 2119) and meet with the professor to be authorized. Your professor will let you know how to prepare for the class so you are ready to go on the first day.

**P420 Advanced Lab in Community Psychology, taught by Dr. Dé Bryant**

**DW 2157, 520-4447, dbryant@iusb.edu**

**Pre-requisites:** P211, P354, P403 and Community Psychology or Social Psychology

**Description:** This course is designed so that students can develop action research topics on contemporary social issues. You will learn the diagnostic skills necessary to define problems and identify appropriate methodologies. Emphasis is on analysis of the person-environment fit to identify an issue, research design, data collection, data analysis and interpretation, and recommending action based on the findings. You will provide feedback to the community and a poster session for the psychology faculty. After covering the basics of ethics and participatory research, the course will operate as an independent study. Select a social issue that is meaningful to you and will serve your career goals. Students planning to work with a community partner must identify the agency and negotiate the terms of conducting research with them prior to being authorized to enroll in the lab. Students may also enroll in the lab without planning to work with a community partner provided your research design is non-experimental and addresses a relevant social issue. If you intend to take the lab and do not have a community partner nor a social issue in mind, contact me and we will review some of your options.

**P421 Laboratory in Social Psychology, taught by Dr. Kevin Ladd**

**DW 2159, 520-5505, kladd@iusb.edu**

**Pre-requisites:** P211, P354, P403 and one of the following: Social Psychology, Lifespan Development, Psy of Childhood and Adolescence, or Psy of Aging.

**Description:** This course provides students with the opportunity to conceptualize and execute their own independent research projects. Appropriate topics span the gamut of both social and developmental areas. Books of abstracts from relevant conferences are available from the instructor for students to peruse as they narrow down their interests. Students are encouraged to submit their authorization forms and schedule an appointment with the instructor well before the registration period since initial ideas typically require refining prior to approval to register and the course fills rapidly.

**NEW B190 COURSE**

Dr. Daniel DeBrule will be teaching **B190 Poker: Behavioral, Clinical, Cognitive and Social Concepts** in Summer Session 2 and in the Fall semester. This course will use poker as a means of illustrating numerous concepts related to various fields of psychology, general sciences, as well as law and statistics. Topics include the addictive potential of poker, treatment and diagnosis of gambling addictions, ethics of research on poker players, schedules of reinforcement, and legal and statistical issues. Sorry, the course WILL NOT focus on learning the finer points of playing the game or how to enhance performance at poker. Only a basic explanation and demonstration of popular poker games will be provided.
Congratulations to all the Students who Completed their Advanced Labs Last Fall

Meghan Kirwan – Career Development: Which Job Would You Choose?
Francesca Merritt – Conceptual Incarceration: Exploring Ethnic Identity Formation and Self-Concept
Courtney Sheets – Comparing Happiness: Cancer Survivors and Those With No Cancer Experience
Ryan Strzlecki – Are Sleeping Habits and Grades Affected by Internet Gambling?
Monique Snelson – Eating and Exercise Behaviors in Children and Adults
Zinajda Pucar – The Impact of Music Types on the Perception of One’s Relationship
Kyle Messick – Predicting Forgiveness: Spirituality, Morality, and Humor
Tina Stout – Authoritarianism: Perceptions of Law Enforcement and Use of Force
Esther Hendrick – The Effects of Religion on the View of Suicide
KaRena Hochstetler – Psychotherapy: Healing Salve or Band-Aid?
Brianna Becker – Art, Self-Image, and Spirituality
Nicole Purtee – Family Life, Stress, and School
Maryann Pears – Marriage, Religion, and Happiness
Kelsey Lawson – Religion and Depression
Abby Miller – The Effects of Religion on Politeness
Crystal Sivia – Attachment, Coping, and Affectionate Language
Brittney Turley – Perceptual Differences of Domestic Violence

ANNOUNCING THE NEW SERVICE AWARD IN PSYCHOLOGY

The Psychology Department will be giving out a new award this year for Outstanding Service in Psychology, with a prize of $100.00 for the winner. Outstanding service can be demonstrated in different ways:

1. Service to the department by completing several responsibilities or one responsibility across more than one semester directly related to the psychology department (course assistant, research assistant, club officer).

2. Service to the Michiana community by engaging in projects or services that improve community resources (educational institutions, organizations, non-profit agencies) that extends beyond the requirements of a particular course.

3. Other related activities that occur within other communities that seek to educate other and/or improve the quality of that community (service abroad, disaster response, etc.) that extends beyond the requirements of a particular course.

If you would like to apply for the Outstanding Service Award, submit a description of your service activities and an explanation of how knowledge gained from your psychology degree is being applied in the service setting (not to exceed two pages), and submit a letter of support from someone familiar with your service activities, such as a faculty member or supervisor. Turn them in to the Psychology Department office, DW 2119.

Applications are due by NOON, APRIL 2.
ALUMNI NEWS & NOTES

Thanks for the Donations!
Thanks to all the alumni and friends of the Psychology Department who contributed to our IU Foundation account in the past year. Your contributions benefit our department by allowing us to offer prizes for our student awards like the James R. Haines Research Award, the award for Excellence in Psychology, and our new Outstanding Service Award. The foundation account also provides funding for guest speakers and support for students traveling to conferences. If you would like to contribute to the Psychology Department IU Foundation account, just go to www.iusb.edu/~sbpsy and click on the GIVE NOW button. Thank you for your support!

Great News!
Psychology graduate (double-major in Anthropology) Darryl Ricketts, has been accepted into an MA program in forensic anthropology at Boston University’s Medical School.

Ben Smith, IV, has been accepted into IUSB’s Counseling Program.

If you would like to share some news, please contact Dr. Carolyn Schult (cschult@iusb.edu)

FACULTY NEWS & NOTES

• Dr. Dé Bryant was featured in the March IN Michiana Magazine.

• Dr. Matt Costello attended a conference in February on Phenomenology, Cognition and Neuroscience,

• Dr. Igor Juricevic will be joining us in the fall as our new Cognitive Psychologist.

Dr. Cathy Borshuk got a new puppy named Lily.

Advising

The IU South Bend Psychology Department requires that all students (majors, minors, associate degree students) be advised at least once each year by a faculty advisor in psychology. If you don’t know who your advisor is, contact the Psychology Department Secretary either in person in room DW2119, by email tmheffne@iusb.edu, or by phone 574-520-4393.