As a special service to our students, we have restricted registration in our upper level General Education courses to Psychology majors only during the first week of registration. PLEASE take advantage of this time to register for B399 and P391 courses if you need to take them. The classes will fill quickly once registration opens up to everyone.

Alumni Profile - Holly Brown

Holly Brown graduated with a BA in psychology in December 2006. She got a job right out of college at the Juvenile Justice Center in South Bend. She worked for the COSAT program (court ordered substance abuse treatment), handling assessments and evaluations for substance abuse for juveniles on probation or in detention.

She credits the P220 Drugs and Behavior course with helping her get her foot in the door. Holly was promoted to probation officer in 2010. She supervises juveniles on probation and conducts site visits at their homes, schools, work, and community service sites.

Holly feels a degree in a social science field is necessary for these kinds of jobs. All of her psychology classes were helpful. When discussing cases and looking at evaluations, she finds it useful to have the background to look deeper into the problems of the juveniles. P324 Abnormal Psychology and P216 Lifespan Development were especially important in helping her understand the problems the juvenile offenders were facing.

She uses a lot of reports from outside agencies, and her understanding of research methods and statistics gave her the skills to interpret and evaluate these reports.

Holly wants students to know that a BA in Psychology can lead to great things. “I was told that there is nothing out there for someone with ‘just a BA’ but there is, just maybe not in the field you would ever foresee getting into. I never thought I would have a career dealing with at-risk/ high-risk youth, but it is an incredible learning experience on a daily basis.”

Thinking about Graduate School?

Many graduate programs in psychology and related fields require applicants to take the GRE (Graduate Record Exam) as part of the admissions process. The exam is similar to the SAT, and consists of verbal, math, and analytical writing tests. Your score on this exam is one of the first pieces of information schools will look at in your application, so it is important to prepare for the exam well in advance. Here are some resources to help you prepare:

- www.psychgrad.org  Lots of helpful advice about applying to graduate school, including links to help you prepare for the GRE
- www.number2.com  FREE GRE test preparation program
- www.iusb.edu/~sbmath/tutoring.shtml  FREE math tutoring available on campus
- www.freerice.com  Build your vocabulary and feed hungry children at the same time
Graduate Profile - Joey Marturano

Giuseppe "Joey" Marturano is attending Cleveland State University for his MA in Clinical Psychology. He began his education at Goshen College as a Physics major but after two years chose to transfer to IUSB and pursue psychology as a major with a minor in Spanish. Joey worked for two years as a researcher on Dr. DeBrule's writing research team, and was present for the grant proposal that led to the Swarm Fund for Mental Illness being awarded to Dr. DeBrule and Dr. McIntosh. He also presented research along with the writing research team at state and national conferences. In the realm of psychology, Joey is interested in anxiety and mood disorders, namely PTSD and depression respectively. "I am currently working on a thesis that aims to use Expressive Writing as a form of intervention for those bereaving the loss of a loved one through suicide. I enjoyed my time at IUSB because the program is much more involved than a lot of other psychology programs. I feel very well prepared for the master's level because of my experience there." This became evident when he excelled in his first semester of graduate classes. "One thing I enjoyed most about the psychology program at IUSB is that it seemed as though there was much more of a familial atmosphere that existed between the faculty. They are much more willing to help students as well as one another if needed. This exists in my current program but to a much lesser extent. The research experience under Dr. Daniel DeBrule was a great one.

Though my overall experience with research was a great one I really enjoyed interacting with participants and feeling as though I was doing something important by contributing to the body of knowledge in the area of Expressive Writing and PTSD, Depression, and Anxiety." As for future plans. Joey aims to go on to a Ph. D program in clinical psychology and eventually have his own private practice.

Advising

The IU South Bend Psychology Department requires that all students (majors, minors, associate degree students) be advised at least once each year by a faculty advisor in psychology. If you don’t know who your advisor is, contact the Psychology Department Secretary either in person in room DW2119, by email tmheffne@iusb.edu, or by phone 574-520-4393.
Faculty Spotlight - Dr. Daniel DeBrule

Q: Define your niche in the field of psychology. How does your research fit into that niche?
A: I focus on trauma and suicidality, within the clinical psychology field. I have spent most of my training researching and treating trauma, but have lately conducted a great deal of work on suicide since coming to IUSB, an interest I have had since I was an undergrad.

Q: Where did you get your degrees?
A: University of Southern Mississippi. It was close to New Orleans, and being a musician and culture lover, I really liked the area and lifestyle. My mentor, Dr. Lillian Range, was well published in the areas of suicide and writing interventions, which was a huge draw.

Q: Why did you get your degrees?
A: I always wanted to teach, since I taught at a high school when I was a junior and senior at UNC Charlotte. I also was enamored with research after studying how injured athletes and others were able to experience benefits following difficult experiences, as well as researching infant cognition at a medical center.

Q: Why did you choose IUSB as your faculty academic home?
A: I really enjoyed the vibe of the department and can recall how pleasant my interview was, and the meals I had with other faculty. I also thought graduating at a satellite campus of UNC was integral to my success, and enjoyed the opportunity to mentor and teach students that had a similar background as mine.

Q: What do you do with the other half of your brain? (i.e., what is your avocation?)
A: Sports such as soccer, basketball, and running and creative endeavors such as playing and recording music as well as creative writing.

Q: What sound or noise do you love?
A: Guitar sounds through a multi-effects processor, the sound of the ocean, ruffling chips at a poker table.

Q: What book have you read that made you want to meet the author? (either to shake her/his hand or to smack her/him on the back of the head)
A: I've been lucky to meet a few of my heroes, including Kurt Vonnegut Jr., who is my favorite author. Slaughterhouse 5 and Breakfast of Champions, among others, were influential to me and built my already solid respect and interest in combat veterans. I shook his hand and he stared at me as if I were a cantaloupe (his line from Man Without a Country). I also really enjoy the classics by Hemingway, Faulkner, and Orwell.

Q: What piece of advice would you give a new professional in today's world of professional psychology?
A: To not be discouraged by the inevitable disillusionment people often find in their field - psychology is no different than other disciplines that have internal problems, political motivations, and misled leaders, but I think that overall it is tremendously exciting to be in a field where so much is being discovered and can usually be applied to enhance quality of life. And more specifically, I would recommend that they actively seek out professional development, in my case that has predominantly been learning various suicide prevention trainings and workshops that I offer to medical residents and other mental health professionals. Managing suicidality is something that I think all health care professionals should know, but only a minority of them know well.
ADVANCED LAB FOR FALL 2011

We are offering one advanced lab in Fall 2011. If you plan on taking an advanced lab, you need to fill out an authorization form (available in the psychology office, DW 2119) and meet with the professor to be authorized. Your professor will let you know how to prepare for the class so you are ready to go on the first day.

P429 Advanced Lab in Developmental/Social Psychology, taught by Dr. Carolyn Schult
(DW 2127, 520-4118, cschult@iusb.edu) Pre-requisites: P211, P354, P403 and one of the following: P216 Lifespan Development, P316 Psy of Childhood and Adolescence, P331 Psy of Aging, or P320 Social Psychology.

The advanced lab in Developmental/Social Psychology offers students an opportunity to conduct original inquiries and research into topics in developmental and social psychology. This is an opportunity for you to delve deeply into a topic of your choice. The research project will allow you to exercise skills you learned in previous courses, including research design (P211 and P403), statistics (P354), and developmental or social psychology. To carry out your study, you will design your study, obtain IRB approval for work with human subjects, collect data, analyze data, and write both a research paper and a poster presentation. At the end of the course, you will have a better understanding of the process of conducting research and move from being a consumer of research to a producer of research. All students must be authorized to register for the class. You should meet with me as soon as possible so we can discuss potential topics and the expectations for class.

NEW B399 COURSE

Dr. Kathy Ritchie will be teaching B399: Marriage and Family Relationships in the Fall Semester. This course is designed to give students an understanding of the practical and theoretical material concerning the development of marital relationships, parenting process, and other family dynamics. We will cover topics in family health and wellness, parenting and socialization, power and marital conflict, poverty and government influences on family, as well as many other topics. Assignments include weekly investigations and writing doing hands-on activities to explore family processes (e.g., observing a family dinner) as well as a formal oral debate with paper.

NEW T190 COURSE

Dr. Carolyn Schult will be teaching a new course PSY-T190 Reacting to the Past: Democracy, Conflict, and Equality in the fall. This course will be part of IUSB’s new First Year Experience for new students. Please note it is a T190, not a B190, and it is restricted to First Year Students only. Students will examine historical questions such as why New York chose to support the rebels rather than the British during the American Revolution, and what was so dangerous about Socrates and his ideas that he was sentenced to death for corrupting the youth of Athens. We can’t go back in time to these historic moments, but we can learn about them by re-living the controversies and conflicts of those times. Students will play Reacting to the Past games exploring the beginnings of different democracies, such as Athens in 403 B.C. and New York in 1775-76. Students are assigned roles to play and factions to work with as they immerse themselves in the great debates of the past, informed by classic texts in the history of ideas.
Some of you might be wondering what this course, P205 Understanding Research in Psychology, is all about. First, **IT IS NOT FOR PSYCHOLOGY MAJORS!** If you are a major, then you must take P211 Methods of Experimental Psychology. The P205 course is for psychology minors. This course is designed to help minors be good, critical consumers of psychological research without necessarily learning all the nuts and bolts of how to do research. Students in P205 learn about what research is and is not, the general types of research, identifying faulty research, the ethics of research, the philosophy of statistics used in research and other general topics. In P211, students learn much more detail about APA style, hypothesis design, methods of experimentation, confounding variables, and ethical issues. Minors can take either P205 or P211.

**Research Methods Courses: P205 vs. P211**

One of the earliest cases of using psychology to serve commercial interests involved psychologist Harry Hollingworth, who accepted a challenge to test whether Coca Cola had potential negative effects for a court case. Coca Cola was busted by the federal government in 1909 on the suspicion that the syrup from which Coke products were made contained a deadly, poisonous, and habit-forming ingredient – caffeine. The Coca Cola company spared no expense in hiring experts to test the effects of their product on human thought and behavior. Hollingworth (and his wife, psychologist Leta Stetter Hollingworth) needed the money – although Leta had her PhD, nobody would hire her because she was married, and Harry had found only part-time teaching work. So he happily took on the Coca Cola case, and conducted research on the effects of Coke products. He found, based on over 64,000 different measurements, that caffeine had no detrimental effects on human performance.
Congratulations to all the Students who Completed their Advanced Labs with Dr. Ladd Last Fall

Elvia Wells—Social Perspective on Substance Abuse in Females, Pregnant Females, and Pregnant Females with Mental Illness
Eliana Medrano—Rehabilitation Center Pamphlets: Luxury or Simple
Crystal Sivia—How and Why People Love and Stay in Relationships
Kirsten Vanslager—Counseling and the Physical Environment
Sara Patterson—Effect of Fragile Objects on Coping
Kaytlin Hazelton—Is Word Choice a Reflection of Attitude and Behavior
Audrey Miller—Heightened Self-awareness and Facial Affect Recognition
Holly Jaros—Music & Aggression
Mtsunge Kapalamula—The Effects of Olfactory & Tactile Stimuli on Cognition
Mercedes Johnson—Perceptions on Caregiving to Parents with Different Ailments
Danielle Anthony—Interrelationship of Companion Animals and Children’s Academics

FALL 2010 DEAN’S LIST

Zachary Anderson  Katherine Good  Victoria Labitan  Andre Price, II
Danielle Anthony  Katie Grenier  Jessica Lafree  Misty Rush
Elaine Bader  Kaytlin Hazelton  Cheryl Lee  Audrey Shaull
Delainey Barkes  Heather Helminger  Elise Lefebvre  Justin Stauffacher
Brittney Beers  Kascha Hensley  Melissa Lentine  William Strutner
Lindsey Bennett  Ashley Hilliker  Danika Lowry  Melissa Switalski
Austin Blue  Zachary Hoffer  Devin McCuen  Michelle Tanner
Jaclyn Bollenbacher  Helena Hughes  Ashley Michalski  Ashley Troyer
Cassandra Brown  Celia Islas  Audrey Miller  Michelle Truyaert
Natalie Brugh  Brittney Johns  Patrick Miller  Heather Van Galen
Wendy Davis  Staci Junkin  Grace Neff  Alexandria Welch
Aleesha Duensing  Mitchell Kajzer  Sara Patterson  Amber Willits
Angela Fain  Mtsunge Kapalamula  Janice Pietrzak  Mindi Yoder
Andrew Ford  Chelsea Killingbeck  Susan Ponce  Gracemarie Zimmer

FALL 2010 GRADUATES

Danielle Anthony  Stephen Brandt  Crystal Sivia
Melissa Barlow  Audrey Miller  Allison Jones
Broana Becker  Sallie Goppert  Elvia Walls
Ashley Bowen  Sara Patterson  Michelle Pogotis
Mtsunge Kapalamula  Kimberly Hansen  Justine Wingard
ALUMNI NEWS & NOTES

Thanks for the Donations!
Thanks to all the alumni and friends of the Psychology Department who contributed to our IU Foundation account in the past year. Your contributions benefit our department by allowing us to offer prizes for our student awards like the James R. Haines Research Award, the award for Excellence in Psychology, and our Outstanding Service Award. The foundation account also provides funding for guest speakers and support for students traveling to conferences. If you would like to contribute to the Psychology Department IU Foundation account, just go to www.psychology.iusb.edu and click on the GIVE NOW button. Thank you for your support!

Way to go, Psychology Grads!
Congratulations to these IU South Bend Psychology graduates, who will be attending graduate programs at the following schools:

Andrea Jones (2010) will be attending Tulane University for their Interdisciplinary Ph.D. program in Aging Studies.

Christopher Drapeau (2010) will be attending Ball State for their Ph.D. program in School Psychology. Chris is a General Studies graduate who concentrated in psychology.

FACULTY NEWS & NOTES
Kathy Ritchie, Carolyn Schult, Laura Talcott, and Gwynn Mettetal are presenting their research on the My Virtual Child program at the Developmental Science Teaching Institute at the Society for Research in Child Development in Montreal, Canada in April.

Dr. Igor Juricevic and his wife Raquel are the proud parents of Isabela Mercedes Juricevic. She was born at 8:04pm January 10, 2011 and weighed in at 9 lbs even. Congratulations!