

Indiana University
South Bend



Community Resource Guide

Division of
Student Affairs

2020



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Emergency & Crisis Resources

(In case of an emergency please dial 911)

Child Abuse and Neglect

St. Joseph County

The CASIE Center

(574) 282-1414

<https://www.casiecenter.org/>

Provides a comprehensive and coordinated multidisciplinary team approach to the problem of child abuse, with emphasis on sexual abuse.

Child Abuse Protection Services (CPS)

(574) 232-3042

Statewide

DCS Child Abuse and Neglect Hotline

800-800-5556 (24-hour hotline)

National

CDF National Office (Children's Defense Fund)

202-628-8787

cdinfo@childrensdefense.org

Provides advocacy, programs, and tools to help children reach their full potential.

National Hotline: via Child Help

800-4A-CHILD

<https://www.childhelp.org/hotline/-800-4A-CHILD>

Serves U.S. & Canada, 24/7/365, 100+languages.

Child Care

Statewide

Early Childhood Alliance (ECA)

1-800-423-2501 or (260) 745-2501

<https://www.ecalliance.org/>

Early Childhood Alliance is a non-profit organization serving the early education needs of children across northern Indiana. Our services include: on-site early care and education.

Saint Joseph County

Healthy Families SJC

(574) 287-0541

300 S St Louis Blvd Suite 100, South Bend, IN 46617

Healthy Families helps parents of newborn babies or expectant parents by offering support and information about child development and what to expect as a new parent.

Interpersonal Violence

Elkhart County

Domestic Violence, Sexual Abuse, Sexual Assault, and Rape

YWCA (Elkhart)

866-YES YWCA (24/7 hotline) 574-294-1811 *En Espanol, non-emergency
<https://www.ywcancin.org/who-we-are/ywca-elkhart-county/programs-and-services/>
Programs and services for women (and their children) who have been abused; provides shelter, meals, services, programs, counseling, job readiness, counseling, referrals, and more.

Elkhart County Women's Shelter (Elkhart)

574-294-1811

<http://ifitelkhart.webs.com/ecws.htm>

Programs and services for women (and their children) who have been abused; provides shelter, meals, services and programs, and a non-public/hidden address of shelter.

Saint Joseph County

Domestic Violence, Sexual Abuse, Sexual Assault, and Rape

Center for Positive Change (South Bend)

574-360-4066

<https://www.centerforpositivechange.org/>

Has batterer's intervention groups for men and women as well as many other services.

S-O-S of the Family Justice Center (South Bend)

574-289-4357 (24/7 hotline)

<https://fjcsjc.wordpress.com/programs-and-services/>

Can help with safety planning and assessments, advocacy and support, crisis intervention, protective order assistance, referrals (counseling, legal, shelter, medical care, financial support, etc.), and much more. *En Español

YWCA (South Bend)

866-YES-YWCA (24/7 hotline)

Services for domestic violence and sexual assault; shelter available.

National

National Domestic Violence Hotline *En Español

<https://www.thehotline.org/>

800-799-7233 1-800-787-3224 (TTY)

National Human Trafficking Hotline

888-373-7888 (Hotline) 233733 (Text Line)

<https://humantraffickinghotline.org/>

Information and resources for human trafficking. *En Espanol

Suicide Prevention

(If there is a crisis, please call 911 or go to one of the hospitals listed on page of the Community Resource Guide .)

Elkhart County

Crisis Distress Center (will transfer call to Mishawaka and South Bend locations)

574-283-1234 (24-hour Oaklawn Access Center)

If they cannot help, they will help find the resources that are needed.

St. Joseph County

United Health Services: Suicide Prevention Center (Granger)

574-314-5426

www.SJCSuicidePrevention.org

Support groups for survivors who have lost a loved one to suicide, as well as

Complicated Grief Counseling for those suffering from a suicide loss.

Statewide Hotline

Zero Suicide Initiative: Community Health Network

800-273-8255 (Hotline) 741741 (text "IN")

Crisis hotline and chatline for psychiatric emergencies in the state of Indiana; trained staff.

National Hotline

National Suicide Prevention Hotline

800-273-8255 (24/7/365)

<https://suicidepreventionlifeline.org/>

Information, resources, and 24/7 confidential suicide prevention hotline. *En Espanol

741741 (text "help")

<https://www.crisistextline.org/>

Chatline for an individual in crisis to confidentially text a crisis counselor.

Addiction Resources

Elkhart County

AA (Alcoholics Anonymous) (Michiana)

574-324-7007 (Hotline)

<http://www.michianasober.org/>

Michiana Chapter of Alcoholics Anonymous.

Addictions Recovery Center, Inc. (Elkhart and Goshen)

574-807-8690

<http://www.arcenters.com/>

Outpatient services, assessments, counseling, and education regarding substance abuse.

NA (Narcotics Anonymous) (Michiana)

888-467-3527

http://www.naindiana.org/ShowArea.php?iAreaID_req=12

For those struggling with drug addiction

YWCA North Central

866-YES-YWCA (Hotline)

574-294-1811

<http://www.ywcancin.org/>

Provides addiction and self-sufficiency services for women and children; shelter available.

St. Joseph County

AA (Alcoholics Anonymous) (Michiana)

574-234-7007 (Hotline)

<http://www.michianasober.org/>

Michiana Chapter of Alcoholics Anonymous.

Addictions Recovery Center, Inc. (South Bend)

574-807-8690

<http://www.arcenters.com/>

Outpatient services, assessments, counseling, and education regarding substance abuse.

Al-Anon (Alcoholics-Anonymous) (Michiana)

574-236-5736

<https://www.michianaanon.org/>

Support for families, partners, and children of loved ones in AA and/or struggling with addiction.

Alcohol and Addictions Resource Center (South Bend)

574-234-6024

<https://aarcinfo.org/>

Provides education, services, programs, resources (inpatient, outpatient, meetings, etc.), assessments, and more regarding substance abuse (alcohol and drugs) for the individual as well as family and friends.

Center for Positive Change (South Bend)

574-360-4066

<https://www.centerforpositivechange.org/>

Individual and group services for substance abuse.

NA (Narcotics Anonymous) (Michiana)

888-467-3527

http://www.naindiana.org/ShowArea.php?iAreaID_req=12

For those struggling with drug addiction

YWCA North Central (South Bend)

866-YES-YWCA (Hotline)

574-294-1811

<http://www.ywcancin.org/>

Provides addiction and self-sufficiency services for women and children; shelter available.

National

Center on Addiction

212-841-5200

<https://www.centeronaddiction.org/>

SAMHSA (Substance Abuse and Mental Health Services Administration)

877-726-4727

<https://www.samhsa.gov/>

Information and resources for a variety of mental health concerns. *En Espanol

Career & Vocational Resources

Elkhart County

Goodwill of Michiana

574-875-5068

<https://goodwill-ni.org/programs/>

Variety of employment services for individuals of all abilities.

Saint Joseph County

Goodwill of Michiana

574-472-7300

<https://goodwill-ni.org/programs/>

Variety of employment services for individuals of all abilities.

BDDS (Bureau of Developmental Disability Services)

574-232-1412

<https://secure.in.gov/fssa/ddrs/2639.htm>

Provides support and programs for clients (and their families) with barriers to employment: vision loss, hearing loss, and physical, developmental, mental, and emotional disabilities. Must qualify for services (such as the Medicaid waiver and services for those who identify on the Autism spectrum).

OVR (Office of Vocational Rehabilitation)

574.232.4861

<https://www.in.gov/fssa/ddrs/2759.htm>

Employment services, supported employment, assistive technology, transition services, etc.. Long waiting list, often refer-out for services.

Financial and Family Resources

Elkhart County

Brightpoint (Elkhart)

800-589-3506

<https://mybrightpoint.org/index.php/get-help/>

COUNTIES SERVED: ADAMS, ALLEN, DEKALB, **ELKHART**, GRANT, HUNTINGTON, KOSCIUSKO, LEGRANGE, LAPORTE, NOBLE, **SAINT JOSEPH**, STUEBEN, WABASH, WELLS, & WHITLEY.

Services for children and youth, family stability, family self-sufficiency, and community investment services, such as child-care vouchers, for under-resourced families and individuals.

Salvation Army (Elkhart)

574-970-0088

<http://saelkhart.org/>

Services and programs to under resourced families.

United Way (Elkhart)

574-295-1650

<https://www.unitedwayec.org/>

Educational resources, child care resources, utility assistance, health care options, transportation, financial stability programs, and much more.

Saint Joseph County

Bridges Out of Poverty (South Bend)

574-246-0533

<http://www.sjcbridges.org/>

Services for all individuals affected by lack of financial resources, including individuals and business/community leaders.

Brightpoint (South Bend)

800-589-3506

<https://mybrightpoint.org/index.php/get-help/>

COUNTIES SERVED: ADAMS, ALLEN, DEKALB, **ELKHART**, GRANT, HUNTINGTON, KOSCIUSKO, LEGRANGE, LAPORTE, NOBLE, **SAINT JOSEPH**, STUEBEN, WABASH, WELLS, & WHITLEY.

Services for children and youth, family stability and self-sufficiency, as well as community investment services, such as child-care vouchers, for under-resourced families and individuals.

Real Services (South Bend)

574-233-8205

https://www.realservices.org/_wp/

Information, programs, and services to assist elderly, disabled, individuals, and families with low income. Child care vouchers, utility bill assistance, education supports, gas and transportation assistance, energy efficiency, and much more. *En Espanol

Salvation Army (at the Kroc Center, South Bend)

574-233-9471 ext. 2205

<http://www.mykroc.org/family-resources.html>

No membership required; ask for Family Resources. Utility assistance, food pantry, and other resources and programs.

St. Margaret's House (South Bend)

574-234-7795

<https://www.stmargarets house.org/>

A day center welcoming women and children experiencing economic hardship/poverty. They provide meals and offer assistance through programs to address immediate needs. Programs include classes on parenting, steps for success, youth summer programs, as well as emotional health and well-being groups, and access to health services.

Stone Soup Community (South Bend)

574-404-6170

<http://stonesoupcommunity.org/>

Programs include emergency assistance, healthcare navigation, *Getting Ahead* which helps clients become more self-sufficient, *Team Heat & Staying Connected* which helps clients helping to match funds and stay current on utility bills, *Crafting Your Best-Self* workshops to benefit emotional intelligence and self-esteem, *Family Development* which offers counseling and case management services, *Thrive* which facilitates mindful transition to thrive in life from information shared, and *Ready for Work* which helps with job search and resume building.

St. Vincent de Paul Society of South Bend

574-234-6000

www.svdpsb.org

Programs include rent and utility assistance, clothing vouchers, as well as a food pantry.

United Way (South Bend)

574-232-8201 or 211

<http://www.uwsjc.org/>

Education, health, child care resources, utility assistance, and financial stability programs and services. *En Espanol

Statewide

Benefits.gov

800-333-4636

<https://www.benefits.gov/>

Information and resources regarding government health care benefits. *En Espanol

Food Insecurity Resources

Elkhart County

Bristol Community Food Pantry (Bristol)

574-304-7402

<https://www.facebook.com/Bristol-Community-Food-Pantry-176562435720163/>

Church Community Services (Elkhart)

574-295-3673

<https://www.churchcommunityservices.org/foodpantry>

Unity Garden at St. David's Episcopal Church

574-264-4039

<http://www.stdavidelkhart.org/ministries/unity-garden/>

Much like a Community Garden but all produce is available to all people free of charge.

Saint Joseph County

Food Bank of Northern Indiana (South Bend)

574-232-9986

<http://www.feedindiana.org/>

Information and programs regarding food banks.

Mishawaka Food Pantry

574-220-6213

<http://www.feedindiana.org/>

Food pantry serving residents living in 46530, 46544, 46545, & 46561 zip codes.

NE Neighborhood Center

574-235-9675

<http://www.nrc4neighborhoods.org>

Food pantry serving residents of the 46617 zip code, eligible for food once a month.

St. Augustine Parish Soup Kitchen

574-234-6334

<https://saintaugustineparish.org/soup-kitchen-1>

Kitchen serves those in need every Monday, Wednesday and Friday, 11-12:30. We prepare and offer soup, peanut butter and jelly sandwiches, bread and sweets as available, fruit, seasonal produce and a cold drink.

Titans Feeding Titans Food Pantry

574-520-4256 Fine Arts Building, Rm 111 (Southwest corner)

<https://www.facebook.com/titansfeedingtitans114/>

Food and personal hygiene items for IUSB students/faculty/staff. Bring your Crimson card.

Unity Gardens

574-315-4361

growunitygardens@yahoo.com

With over 55 gardens of all shapes and sizes they help to feed our communities Stomach & Soul. They offer free gardening classes to teach the community how to grow their own food. They also offer free cooking and preserving classes to show how to cook healthy, and save your harvest.

Housing Insecurity Resources & Shelters

(Please also see “Interpersonal Violence” above for rescue shelters.)

Elkhart County

Faith Mission (Elkhart)

574-293-3406 ext. 101 (to check bed availability and ask questions)

<https://thefaithmission.org/resident-services>

Provides shelter, programs and services for self-sufficiency, free walk-in meals, work opportunities with transportation, and more.

Housing Authority of Elkhart

574-295-8392

ehai.org

Affordable housing assistance to low-income individuals and families.

YWCA (Young Women’s Christian Association) (Elkhart)

866-YES YWCA (24/7 hotline)

Programs and services for women (and their children).

Saint Joseph County

The Center for the Homeless (South Bend)

574-282-8700

<http://www.cfh.net/>

Provides shelter, health care resources, meals, job training, counseling, child care, self-sufficiency programs and services, transitional and off-site housing, winter weather program, access to showers, and more.

Hope Ministries (South Bend)

574-235-4150

<https://www.hopesb.org>

Provides shelter, food, health care resources, and other resources and programs to people in the community who are chronically homeless due to mental and/or emotional problems, addiction, and more. Principles of Christianity utilized.

Housing Authority of South Bend

574-235-9346

<https://www.hasbonline.com/>

Affordable housing assistance to low-income individuals and families.

Our Lady of the Road (South Bend)

574-235-0623 (men's house) 574-287-7734 (women's house)

<http://southbendcatholicworker.org/>

Drop-in center and breakfast at 9:30am: 744 S. Main St., South Bend

Dinner at 6:00pm: 518 S. St. Joseph St., South Bend.

Feed and shelter the homeless. Breakfast, laundry, showers, and more available at their drop-in center. Catholic based charity.

Robert L. Miller Sr. Veteran's Center

574-968-5349

<https://www.cfh.net/mvc>

Separate building on the CFH campus and is home to 24 male homeless veterans.

Veterans work with VA Liaison and MVC staff to remove barriers to self-sufficiency and have access to addiction treatment, individual and group therapy, clothes and meals. They are given support as they process their PTSD and other medical issues.

Y.S.B. (Youth Service Bureau)

574-235-9231

www.ysbsjc.org

Variety of services for youth and young adults including safe place, stations, & programs.

Statewide

HUD.gov

202-708-1112

<https://www.hud.gov/>

Information and resources regarding subsidized housing. *En Espanol

Legal Resources

Saint Joseph County

Indiana Legal Services

(574) 234-8121

Notre Dame Legal Aid Clinic (South Bend)

574-631-7795

<https://law.nd.edu/academics/experiential-courses/clinics/>

Free, legal counsel and representation to economically disadvantaged individuals in St. Joseph County.

The Volunteer Lawyer Network (South Bend)

574-277-0075

<https://www.volunteerlawyernetwork.net/>

Counties served: SAINT JOSEPH, ELKHART, LAPORTE, STARKE, MARSHALL, & KOSCIUSKO.

Free, legal assistance and representation from community lawyers: adoptions, guardianships, divorce, landlord/tenant, consumer/collections, estate law, wills/Power of Attorney/Health Care Directives, contracts, bankruptcy, immigration, real estate, and more for under-resourced individuals.

LGBTQ+ Resources

Elkhart County

Mosaic Health and Healing Arts, LLC (Goshen)

574-537-2680

www.mosaichha.org

Open and affirming integrated family medical practice; transgender care.

St. Joseph County

LGBTQ Center (South Bend)

574-234-1411

<https://www.thelgbtqcenter.org/about-us-2>

Provides education, diversity training, lending library, on-site events, community events, support groups, and much more.

PFLAG (Parents and Friends of Lesbians and Gays) (St. Joseph County Chapter)

574-277-2684

pflagmichiana.org

Unites people who are lesbian, gay, bisexual, transgender, and queer with families, friends, and allies. Inclusive and supportive group of individuals committed to advancing equality and understanding.

Statewide

Indiana Transgender Network (supportive resources, including HRT providers)

<http://indianatransgendernetwork.com/>

Provides state-wide resources (legal, medical, counseling, etc.), support, advocacy, education, links to allies, and much more. Follow on Facebook, Twitter, & Tumblr.

National

HRC (Human Rights Campaign)

202-628-4160

<http://www.hrc.org/>

Information and resources for LGBTQ members and allies.

GLAAD (Gay & Lesbian Alliance against Defamation)

<https://www.glaad.org/>

LGBTQ acceptance, a dynamic media force, and tackles tough issues to shape the narrative and provoke dialogue that leads to cultural change.

Transgender Resources, Education, and Enrichment Services (TREES)

219-331-4665

<http://www.webetrees.org/>

Services for members of the transgender community.

Trans Lifeline

877-565-8860

<https://www.translifeline.org>

Medical Resources: Mental Health & Local Hospitals

(for addictions, please see “Addiction Resources” above)

Grief & Bereavement

Elkhart County

Ryan’s Place (Goshen)

574-535-1000

<Http://ryansplace.org>

Grief and bereavement services for children, teens, and families.

St. Joseph County

Center for Hospice Care (Mishawaka and South Bend)

(574) 277-4100 (Mishawaka)

(574) 243-3100 (South Bend)

<https://www.cfhcare.org/>

Center for Hospice Care offers a variety of bereavement programs to educate and support people experiencing grief following the loss of someone through death. Bereavement programs are available at no charge to anyone in the agency's service area. No prior relationship with Center for Hospice Care is needed to access our grief and bereavement services.

United Health Services: Suicide Prevention Center (Granger)

574-314-5426

www.SJCSuicidePrevention.org

Support groups for survivors who have lost a loved one to suicide, as well as Complicated Grief Counseling for those suffering from a suicide loss.

National

American Cancer Society

800-227-2345

<https://www.cancer.org/>

Information, resources, and support for an individual experiencing grief and loss of someone with cancer. *En Espanol

NFDA: Remembering a Life

800-228-6332

<http://www.rememberingalife.com/grief>

Information and resources for an individual experiencing grief and loss.

Hospitals & Health Centers

Elkhart County

Elkhart General Hospital

(574) 294-2621

<https://www.beaconhealthsystem.org/location/elkhart-general-hospital/>

Services include both inpatient & outpatient care, urgent care, pediatric and primary physician care.

Heart City Health (Elkhart)

(574)-293-0052

<http://www.heartcityhealth.org/>

Heart City Health is a 501(c)(3) non-profit Federally Qualified Health Center (FQHC) providing affordable, high quality medical, dental, and behavioral health care to residents of Elkhart County.

Maple City Health Care Center (Goshen)

(574) 534-3300

connect@mchcc.org

Care for people of all ages, nationalities, and income levels, offering health services and counseling for various conditions or issues.

Planned Parenthood (Elkhart)

(574)-294-7561

<https://www.plannedparenthood.org/health-center/indiana/elkhart/46516/elkhart-health-center-2756-90500>

Vista Community Health Center (Goshen)

(574) 534-0088

connect@mchcc.org

Care for people of all ages, nationalities, and income levels, offering health services and counseling for various conditions or issues.

St. Joseph County

AIDS Ministries/AIDS Assist (South Bend)

574-234-2870

<http://www.aidsministries.org/client-services.html>

STD Information & testing site, medication management, on-site physician, housing/shelter assistance, financial assistance, substance abuse programs and services, transportation/bus assistance, and much more. AIDS Ministries also offers a food pantry.

Beacon Children's Hospital Behavioral/Developmental Pediatrics Program

(574) 647-2250

Experienced therapists, nurses and physicians that provide a complete evaluation to determine the treatment plan that maximizes your child's potential – a comprehensive plan that takes into consideration your child's physical, emotional and social well-being.

Beacon Memorial Hospital

(574) 647-1000

<https://www.beaconhealthsystem.org/location/memorial-hospital/>

Services include both inpatient & outpatient care, urgent care, pediatric and primary physician care.

Healthline-Centennial Clinic (South Bend)

1708 High St, South Bend, IN 46613

574-400-4550

<https://healthlinchc.org/services/>

Healthcare services to uninsured individuals and families of

St. Joseph County; sliding fee (based on income) available. *En Espanol

Health Center: Sister Maura Brannick, CSC (South Bend)

574-335-8222

<http://www.sjmed.com/sister-maura-brannick-csc-health-center>

Healthcare services to uninsured individuals and families of St. Joseph County.

HealthLinc Community Health Center (Mishawaka)

420 West 4th Street, Mishawaka, In 46544

574-307-7673

<https://healthlincchc.org/services/>

Healthcare services to uninsured individuals and families of St. Joseph County; sliding fee (based on income) available. *En Espanol

Imani Unidad (South Bend)

<http://www.imaniunidadinc.org/>

(574) 288-2887

Imani Unidad seeks to help marginalized members of the South Bend and Elkhart communities to improve their social, mental and emotional well-being through counseling, advocacy, and preventative education.

Indiana Health Centers (South Bend)

<http://www.indianahealthonline.org/>

IHC Community Health Center of Bendix

1010 N. Bendix Drive, South Bend, IN 46628. (574) 245-4980

IHC Michigan Street

765 S. Michigan Street, South Bend, IN 46601. (574) 235-7990

IHC at South Bend

1901 Western Avenue, South Bend, IN 46619. (574) 234-9033

Indiana Health Centers, Inc. is a Federally Qualified Health Center (FQHC) providing medical, dental, and behavioral health care to the medically underserved and uninsured populations of the state. Our facilities throughout Indiana provide primary care on a sliding fee scale to patients of all ages who might not otherwise be able to afford quality healthcare.

IUSB Health & Wellness Center (South Bend)

Vera Z. Dwyer Hall

1960 Northside Blvd., South Bend, IN 46615

574-520-5557

<https://healthlincchc.org/services/>

Healthcare services to uninsured individuals and families of St. Joseph County; sliding fee (based on income) available. *En Espanol

Planned Parenthood (Mishawaka)

574-255-9555

<https://www.plannedparenthood.org/health-center/indiana/Mishawaka/46545/mishawaka-health-center-2758-90500>

St. Joseph Regional Medical Center

(574) 335-5000

<https://www.sjmed.com/mishawaka-medical-center>

Services include both inpatient & outpatient care, urgent care, pediatric and primary physician care.

Women's Care Center

<http://www.womenscarecenter.org>

3530 Lincolnway West, South Bend, IN 46628. (574) 234-0403

360 North Notre Dame Avenue, South Bend, IN 46617. (574) 234-0363

1635 N. Ironwood Drive, South Bend, IN 46635. (574) 273-8986

Women's Care Center provides free, confidential counseling, support and education to women facing unplanned pregnancies. Free pregnancy testing and ultrasounds help determine viability and dates (prenatal medical care and abortions not provided).

Mental Health

Elkhart County

Oaklawn (Elkhart)

574-533-1234

<https://oaklawn.org/adult-services/>

Mental health crisis services, such as suicide prevention and emergency psychiatric services.

St. Joseph County

Memorial Epworth Hospital (South Bend)

574-647-8400

<https://www.beaconhealthsystem.org/locations/epworth-hospital/about-epworth-hospital>

Mental health crisis services, such as suicide prevention and emergency psychiatric services.

NAMI (National Alliance on Mental Illness St. Joseph Chapter)

574-259-3564

<http://namisjc.org/>

Support, education, and advocacy for people with mental illness, and their family and friends. Services are free and offered to St. Joseph County residents as well as other counties and states.

Oaklawn (Mishawaka and South Bend)

800-282-0809

<https://oaklawn.org/>

Our area's largest mental health and addictions provider; family, individual, and children's services.

National

NAMI (*National Alliance on Mental Illness*)

703-524-7600 741741 (text "Nami") 741741

<https://www.nami.org/Find-Support>

Information and resources for a variety of mental health concerns. Programs, information about living with a mental illness, resources for families and friends, discussion groups, etc... Something for everyone: teens, adults, all genders, LGBTQ, emergency workers, veterans and active duty, and more.

NEDA (*National Eating Disorder Association*)

800-931-2237 (Hotline)

741741 (Text "NEDA" to chatline)

<https://www.nationaleatingdisorders.org/>

Information, resources, and programs for those affected by eating disorders. *En Espanol

Veterans Crisis Line

800-273-8255 (Hotline) 838255 (Text line)

<https://www.veteranscrisisline.net/>

Information, resources, and crisis intervention for veterans, active duty, and family/friends.

Multi-Cultural Resources

Elkhart County

La Casa de Amistad (Elkhart, Goshen)

574-533-4450

<https://lacasainc.net/>

They offer a Summer Academy that is free to students from age 10-18. They also offer adult programming like *Help-A-House* which improves safety and energy-efficiency in homes, *Money 4 Life* classes to improve financial capabilities, *DreamSavers* which can help match money for home ownership, higher education, job training, scholarship to Goshen College, small businesses, and home repairs. *Lacasa* also offers classes and counseling on immigration issues.

Saint Joseph County

Catholic Charities (South Bend)

574-234-3111

<http://www.ccfwsb.org/service/preserving-life-dignity#immigration>

Immigration and refugee services, including a Hispanic Health Advocate.

Charles Black Community Center (South Bend)

574-235-7712 or 574-235-9446

<https://sbvpa.org/places/lasalle-park/charles-black-recreation-center>

This community center offers a full-sized gymnasium, community room with kitchen, computer lab, weight room and game room. The center offers daily programs and activities for all ages, including tutoring, computer classes, fitness classes, open recreation, sports, special events and more

Charles Martin Youth Community Center (South Bend)

574-280-7092

<https://sbheritage.org/community/charles-martin-youth-center>

The Center is home to the Augustus F. Hawkins Literacy Center, South Bend Friends Meeting, 100 Black Men of Greater South Bend, and the SB Group Violence Initiative.

Colfax Cultural Center (South Bend)

574-968-0817

<https://sbheritage.org/colfax-campus/>

The Center now houses low-cost studios and galleries for artists, performance space for dancers and actors, workshop space for a church and mosque, offices for several art-related businesses and social service agencies.

Civil Rights Heritage Center (South Bend)

(574) 307-6135

<https://clas.iusb.edu/centers/civil-rights/index.html>

Explores the civil rights struggles of the past so people can take action in the present and build a better future.

Hispanic Leadership Coalition of South Bend (South Bend)

hispanicleadershipcoalition@gmail.com

To benefit all of Michiana by forming a bridge between the Latino community and the private, public, and civic institutions that serve our society.

Jewish Federation of Saint Joseph Valley (South Bend)

574-233-1164

<https://www.thejewishfed.org/>

Central resource to embrace, connect, and support Jews locally and globally through social services, coordinated fundraising, community outreach, and educational and recreational programming; food pantry and resources available.

La Casa de Amistad (South Bend)

574-233-2120

<http://www.lacasadeamistad.org/services/>

Adult programming with classes on English language, English language for Citizenship, computer skills, and digital assistance. Youth development including pre-school through high school after school programs, as well as summer camp programs. Family and social

services including immigration legal services and citizenship classes, food pantry, Team Heat classes, and strengthening family communication classes.

Pokagon Band of Potawatomi

(800) 517-0777

<http://www.pokagon.com/>

Resources for members of the Pokagon Band, including legal services, job placement, support groups for youth and adults, as well as help with utility bills through the Supplemental Heating Program.

South Bend Heritage Center (South Bend)

574-289-1066

<https://sbheritage.org>

SBH strengthens neighborhoods by creating quality housing, improved health-care options, literacy programs, arts and cultural opportunities, and other private investments that support residents who live in our neighborhoods.

Statewide

Indiana Latino Institute (Indianapolis)

317-472-1055

<http://indianalatinoinstitute.org/>

Mission is to improve health and advance education for the Indiana Latino community through statewide advocacy, research, and culturally responsive programs.

NAACP (National Association for the Advancement of Colored People) (Indianapolis)

317-925-5127

<https://www.indynaacp.org/>

Oldest, largest and most widely recognized civil rights organization. Ensures political, educational, social, and economic equality of rights for all persons and to eliminate racial hatred and racial discrimination.

National

ACLU (American Civil Liberties Union)

212-549-2500

<https://www.aclu.org/>

Information and resources for individual rights and liberties guaranteed by the US constitution and government.

National Immigration Justice Center

312-660-1370

<http://www.immigrantjustice.org/>

Information and resources for all immigrants, refugees, and asylum seekers.

On-Campus Resources

Academic Center for Excellence (ACE)

574-520-5022 Schurz Library, 4th floor

<https://students.iusb.edu/academic-success-programs/academic-centers-for-excellence/index.html>

Provides tutoring/assistance in writing, math, all the sciences, business, foreign languages, music, public speaking, and more.

Career Services

574-520-4872 Admin. Building Rm 104

<https://students.iusb.edu/career-services/students-and-alumni/index.html>

From determining a major and a career to seeking internship opportunities and preparing for a job search. Job postings, career assessments, career events, job fairs, and more.

Center for a Sustainable Future

574-520-4429 Wiekamp Hall Rm 2249

csfuture@iusb.edu

Working to combine the campus with the community for a greater good. They focus on the discovery and dissemination of practices and strategies that are ecologically friendly, economically sound, and socially responsible.

Civil Rights Heritage Center

574-307-6135

<https://clas.iusb.edu/centers/civil-rights/index.html>

Explores the civil rights struggles of the past so people can take action in the present and build a better future.

Community Engagement

(574) 520-4572 2279 Wiekamp Hall

gmcguire@iusb.edu

For more information on community-engaged courses or volunteer opportunities in the community, contact Dr. Gail McGuire, Director of Community Engagement, at gmcguire@iusb.edu or 574 520-4572.

Emergency Relief Fund

<https://academics.iusb.edu/titan-success-center/emergency-relief-application.html>

Current IUSB students are eligible for up to \$300 (one time) yearly for emergency relief including, food, shelter, and economic hardship. Use the link provided to apply using application. Once completed it will notify contact Rachel Cheeseman that it has been completed.

Health and Wellness Center

574-520-5557 Dwyer Hall

<https://healthscience.iusb.edu/health-and-wellness-center/index.html>

All-inclusive facility with a range of services from vaccinations to birth control advice and STI services. Specialize in care for IUSB students, faculty, staff, and the community. Website provides resources and links.

Institutional Equity and Inclusive Excellence

574-520-5536 Admin. Building, Rm 234

lewhitne@iusb.edu

Campus Title IX office, resources and support for reporting sexual harassment and/or assault, discrimination, and protections under Title IX.

Student Counseling Center

574-520-4125 Admin. Building, Rm 175

<https://students.iusb.edu/student-support-services/counseling-center/index.html>

Mental Health services for current IU South Bend students.

Titan Success Center

574-520-4689 Admin. Building, Rm 152

<https://academics.iusb.edu/titan-success-center/index.html>

Helps students navigate and be successful in their first years of college; utilizes “Success Coaches”.

Titans Feeding Titans Food Pantry

574-520-4256 Fine Arts Building, Rm 111 (Southwest corner)

<https://www.facebook.com/titansfeedingtitans114/>

Food and personal hygiene items for IUSB students/faculty/staff. Bring your Crimson card.

Office of Disability Support Services

574-524-4460 Admin. Building, Rms 167-170

<https://students.iusb.edu/student-support-services/disability-dupport-services/index.html>

Information and services for prospective and current IU South Bend students with a variety of disabilities.

Office of Veteran Student Services

574-520-4115 Admin. Building, Rm 101

<https://students.iusb.edu/student-support-services/veteran-services/index.html>

Information, services, and programs for prospective or current IUSB veterans and active duty.

Transportation Resources

Elkhart County

Interurban Trolley

574-674-8894

<http://interurbantrolley.com/>

Affordable transportation for the community; does link with Transpo (South Bend).

Discounted ride fare for students and others.

Saint Joseph County

Transpo: South Bend Public Transportation Corp. (South Bend, Mishawaka)

574-233-2131

<http://sbtranspo.com/>

Free bus rides for IUSB students, faculty, and staff to and from campus with a valid university ID; affordable transportation for all community members. Does link with Interurban Trolley (Elkhart).